

Healing in psychotherapy requires a re-connection with lost parts of oneself, with the natural world, and in relationships. In sandplay, an individual is faced with an unfamiliar situation that calls on the deeper resources of body and mind. Images and patterns, as well as strong emotions, emerge. There is direct connection to the body. Working with symbols and the unconscious within the silent *temenos*, sandplay ultimately facilitates a relationship to the Self. This process builds new connections between mind and body, spirit and matter-- transcending the individual to influence our greater world.

The STA 2016 National Conference, *Connecting Body, Mind and Spirit through Sandplay*, will explore sandplay as an embodied, symbolic approach to healing. Keynote and plenary sessions will focus on integration of the roots of sandplay along with findings from neuroscience, Jungian topics related to body and psyche, and experiential approaches that amplify sandplay work.

We invite workshop presentations of clarity and depth that represent the connective aspects of sandplay with a particular emphasis on movement and interactive sessions. Workshop presentations may include Jungian topics, advances in neuroscience that elucidate what we see in the sandplay room, the therapeutic relationship, encounters with Self, and applications of spiritual traditions and mindfulness, as well as clinical presentations.

### **STA 2016 National Conference Call for Presentations**

### Connecting Body, Mind, and Spirit through Sandplay

June 2 - 5, 2016 DoubleTree Hotel Skokie, Illinois

This Call for Presentations is your invitation and opportunity to submit an educational topic you would like to present at the STA 2016 National Conference.

If you are interested in presenting, please read the following information, complete the accompanying form, and submit this application by email to <a href="mailto:sandplay2016@gmail.com">sandplay2016@gmail.com</a>. The deadline for *complete* proposals is September 15, 2015. There will be no exceptions.

**The audience** ...will include all levels of Sandplay Therapists, Marriage and Family Therapists, Psychologists, Psychiatrists, Jungian Analysts, Play Therapists, Social Workers, Counselors, and Nurses.

Topics ... will reflect the theme "Connecting Body, Mind and Spirit through Sandplay"

**Educational session formats...**will be 90-minute sessions with group discussion time included. Please let us know whether you are available for a 90-minute presentation with the understanding that the program committee will evaluate the overall conference needs and make the final decision regarding acceptance of proposals. Please specify on the application form if you would like to have your program considered as experiential, a case presentation, or as addressing particular issues in sandplay.

*Pre-conference workshops...*will be offered as half-day or daylong workshops the day before the conference begins, on Thursday, June 2.

If you are an Associate of STA or a Sandplay Practitioner... please consider giving a presentation and asking a Teaching Member of STA to sponsor your presentation. Submit a proposal following the guidelines below.

If you are a Jungian Analyst... please consider giving a presentation. STA accepts education hours on Jungian topics offered by certified Jungian Analysts who are members of IAAP.

**Benefits of presenting...** include an interchange with colleagues about your work and ideas, contributing to the mission of STA to provide education and training in sandplay, and making

connections with your peers that will enrich your work as a sandplay therapist. Submit your proposal... by completing the attached forms and e-mailing them by September 15, 2015 to <a href="mailto:sandplay2016@gmail.com">sandplay2016@gmail.com</a>. The Conference Program Committee will evaluate the proposals for relevance to the theme, educational value, and qualifications of the speaker.

You must submit a separate proposal for each presentation you are submitting for consideration. Separate proposals are necessary in order for STA to be in compliance with the accreditation process for continuing education credit. Please understand that submitting your proposal does not guarantee acceptance. You will be notified by December 1, 2015 of the status of your proposal. We thank you in advance for applying.

The Conference Program Committee will review all proposals...focusing on: (1) the clarity, quality, and organization of the session description; (2) how audience participation is integrated into the presentation; (3) how the proposed session will benefit sandplay practitioners and therapists; (4) the relevance of the topic to current clinical situations; and (5) the presentation's contribution to the conference theme and career development of the participants.

**Consultation sessions...**will be offered during the conference. The consultation coordinator will be contacting you separately as to your interest in presenting in and/or leading consultation sessions.

#### **Guidelines for Submissions**

#### For your presentation to be considered you MUST include the following items:

- 1. **Session title:** The title should capture the essence of your workshop. **Please include the word "play" or "Sandplay"** in the title if you wish to qualify for CE's for participants in the play therapy discipline (APT). Please see detailed explanation of this in the appendix to the application form.
- 2. **Session description:** Provide a brief (100 word maximum) summary for the conference committee to use in selection process. Explain why people should attend and describe what they will learn.
- 3. **Level of Audience:** Please indicate whether your target audience will be an introductory, intermediate, or advanced level. We are also interested in workshops for teaching members and teaching member candidates.
- 4. **Session Type/Agenda:** During your proposed program: **1)** will you present a case, research, innovative sandplay method, or offer an experiential presentation; and **2)** what methods will you use to engage the audience in your presentation. (i.e., lecture followed by a question and answer, informal workshop, interactive session, experiential format, etc.). If you have different segments within your single presentation, please detail those segments as well.
- 5. **Learning objectives:** List three learning objectives for your suggested session. Your learning objectives must be written to describe what the learner will be able to "do" after your session. (After my session, attendees will be able to...). Please use behavioral verbs such as "analyze," "practice," "describe," "explain," etc.
- 6. Speaker credentials: You must attach two documents for biographical information: (1) a complete CV. Attach a copy of your CV with your application. Please include work, home, cellphone and email address for ease of contact; professional licenses and sandplay credentials; a description of your current position; and whether you have presented internationally, nationally, or regionally in sandplay, play therapy, or other relevant groups. You may also include publications, previous presentations, and any pertinent experience that qualifies you to present the particular topic; and (2) a short biographical paragraph that will be used for introduction purposes in our brochure. Please understand that the committee may edit this information for advertising purposes. If your proposal is accepted, you will need to sign a disclosure statement and answer questions regarding your presentation as required by APA.
- 7. **Resources:** If your proposal is accepted, you must agree to provide bibliographical resources and/or resources for further reading for the attendees. You will need to plan to bring handouts, including an outline of your session or any other materials that your participants will need. In addition if you would like your presentation to count for teaching certification you will need to bring evaluation sheets for each of the participants in the group to fill out. These can be found in the STA handbook on the STA website (<a href="www.sandplay.org">www.sandplay.org</a>) under membership. You may use Form 9 and change the title on the form to the title of your presentation.
- 8. Please specify the support materials needed for your presentation on the attached form. Include the name of the person introducing you or the CST-T sponsoring your session, if appropriate. We are trying to keep audiovisual costs to an affordable level. We will need to know what format your presentation will require so that enough audio-visual equipment is available. If you are able to bring your own projector and would be willing to share it with other sessions it would be most helpful.
- 9. Provide a written abstract of your presentation to be submitted with your proposal. This abstract will be included in the conference brochure, which will be online prior to the conference and printed and distributed at the conference.

# Name \_\_\_\_\_ Title \_\_\_\_\_ Mailing Address \_\_\_\_\_ Telephone: Home \_\_\_\_\_ Work Cell \_\_\_\_\_ Fax \_\_\_\_\_ PRESENTATION INFORMATION Please refer to guidelines in filling out the following information. The numbers of each section correspond to the numbers in the guidelines for easy reference. 1. Title of Presentation \_\_\_\_\_ 2. Session description (maximum 100 words). Please be sure to explain how the session relates to the theme of the conference:

CONTACT INFORMATION

3. Level of Audience: please specify whether introductory, intermediate, or advanced:
4. Presentation Type/Agenda
This proposal is for: Full-day pre-conference, 6-hour session, Thursday June 2, 2016 Half-day pre-conference, 3-hour session, Thursday June 2, 2016 Regular conference, 1.5 hour session Regular conference, 3 hour session
Please check if you are presenting in order to meet requirements for becoming a CST Teaching Member.
Clinical material focusing on (please check all that apply):
Child/children Adolescent Adults Male Female
Type of Presentation (check all that apply)
Case Presentation with time for group discussion
Experiential Workshop
Research Presentation
Panel Discussion
How many presenters on the panel?
Please indicate their names, degrees and ISST/STA credentials:
Special Topics in Sandplay (please specify):

Have you presented this material previously?YesNo
If yes, please indicate where and when:
Will you be presenting this material before June 2016?YesNo
If yes, please indicate where:
5. Learning Objectives/CEU credentialing/APT credits
Please list $\underline{\text{three}}$ objectives for 1.5-hour sessions and $\underline{\text{five}}$ learning objectives for sessions over 1.5 hours.
1
2
3
4
5
Please provide two to three questions from your presentation for CEU evaluation forms.
1
2
3
Are you willing to write up your presentation description to meet APT (Association of Play Therapy) criteria? Applying for APT credits is optional. Please note, although STA may now offer APT credits, the final decision rests with APT. We will submit this for you to APT. Please see Appendix A regarding the guidelines for this and incorporate into your description above.
Yes, I am willing to submit for APT
Would you like someone to be in touch with you to help you write up your presentation to better meet APT criteria?Yes No

## 6. Speaker Credentials/Biographical Paragraph: The following information will be used to compile your biographical information for the brochure: Academic degree(s) Licensing \_\_\_\_\_ Where do you practice? Your specialty or areas of focus \_\_\_\_\_ Level of STA/ISST membership: ISST Teaching member \_\_\_\_ STA CST-T STA CST \_\_\_\_ STA Sandplay Practitioner Other Relevant Professional Affiliations \_\_\_\_\_ Registered Play Therapist/RPT-S \_\_\_\_ Certified Jungian Analyst a) Where did you receive your diploma? b) With which analytic society/societies and/or Institute(s) are you affiliated? Other Are you or have you been an STA Board member? \_\_\_\_ Yes \_\_\_\_ No Position \_\_\_\_\_\_ Year(s) \_\_\_\_\_ Are you or have you been an ISST Board member? \_\_\_\_ Yes \_\_\_ No Position \_\_\_\_\_\_ Year(s) \_\_\_\_\_ Biographical Paragraph (to be used in the brochure:

7. Resources: I agree to bring a bibliography, resources and any handouts needed for the attendees of my session (please check)
8. SUPPORT MATERIALS:
Please provide the name of the person sponsoring your session (if you are not a CST-T or JA):
Please provide the name of the person you would like to introduce you (this may be your sponsor):
We will find a room monitor for each room to handle the CE sign-in and to help you monitor the time.
AV Equipment:
Please check what equipment you will need for your presentation:
Digital projector
I will bring my presentation on a thumb drive and will need a computer
Microphone
Whiteboard
Flip Chart
Work tables for participants
Other (please specify)
9. Please attach an abstract of your presentation (1/2 to 1 page single spaced) for submission for CEU credentialing.

### Thank you for submitting your proposal

### Deadline to Submit Application: September 15, 2015

NOTE: Proposals must be complete by the deadline.

Please submit your application to: <a href="mailto:sandplay2016@gmail.com">sandplay2016@gmail.com</a>

### Appendix A

# CRITERIA FOR ASSOCIATION FOR PLAY THERAPY (APT) CREDIT FOR PRESENTATIONS AT STA PROGRAMS

A sizable minority of STA members are also members of the Association for Play Therapy (APT). To maintain or work toward APT certification, one needs continuing education that is specifically "play therapy." In order to maintain the integrity of "play therapy," APT requires an approval process for these CEUs. STA is an APT-approved provider. To support our members who hold dual membership, and to introduce and foster sandplay among play therapists who are not yet STA members, we encourage you to consider meeting the APT requirements.

To qualify for APT credits, presentation proposals for the upcoming STA National Conference must include the following key words in the presentation description as applicable in order to meet APT criteria. **This is optional.** We are aware that not all presenters will want to use the APT-required language. To clarify this process, Caroline Isaacs, STA's liaison with APT for CEUs, has informed us of the following guidelines:

- For individual presentations to meet APT criteria, they must include the words "play therapy", as two separate words, one or more times in the description of your presentation as it will appear in the conference brochure, and in your learning objectives.
- If you did other forms of play therapy with the subject of your presentation, e.g. floor play, art, dramatic play, you can easily say "sandplay and play therapy".
- If the therapy consisted of sandplay and talk therapy only, sandplay therapy itself meets APT criteria, according to Dora Kalff's own description of it.
- For APT to understand this, all you have to include is something like "sand play therapy", "sandplay play therapy", "sandplay/play therapy", "Kalffian Play Therapy", etc. in the description and in the learning objectives.
- APT also promotes multi-cultural understanding, as does STA. If your presentation includes any elements of this, mentioning that in your description and learning objectives is optionally recommended.

Please contact Caroline Isaacs at <u>cisaacs@suddenlink.net</u> to help you with the wording or for any assistance concerning APT Credits.