

ISST

INTERNATIONAL SOCIETY FOR SANDPLAY THERAPY
ASSOCIAZIONE INTERNAZIONALE DELLA SANDPLAY THERAPY
INTERNATIONALE GESELLSCHAFT FÜR SANDSPIEL THERAPIE
国際箱庭療法学会

Destruction and Creation in the Fertile Fields of Sandplay Therapy



Artist: Linda Rowell Stevens

ISST 24th Congress

Kailua-Kona, Hawai`i

19-23 July 2017

Hosted by,
Sandplay Therapists of Hawai`i
and
Instituto Brasileiro de Terapia de Sandplay



“E komo mai”

Welcome

We have the pleasure to invite you to the 24th Congress of the International Society for Sandplay Therapy (ISST). The Congress will be held on the Big Island of Hawai`i, home to Kilauea Volcano. Here, the cycle of destruction and creation is visible as fiery lava makes its way to the ocean creating new earth.

The 24th Congress explores sandplay as a therapeutic process that allows primitive and archetypal life forms to come to the surface fertilizing and enriching new ways of being. There will be seminars, case studies, and experiential workshops showing the cross-cultural applications of sandplay therapy. We will feature speakers from Australia, Brazil, Canada, China, Germany, Hawai`i, Hong Kong, Israel, Italy, Japan, South Africa, South Korea, Switzerland, the United Kingdom, the United States of America, and Uruguay. To enhance our international community and to improve our clinical abilities in sandplay we are planning many opportunities for discussion, networking, and play! We hope you will join us!

Registration

Review this program and decide what workshops you would like to attend. Then register at the Sandplay Therapists of Hawai`i website: <http://www.sandplaytherapistsofhawaii.org/>.

Cost

- Cost is **\$550 USD** (early bird rate good until 1 March 2017).
- No student or partial rates available, so please register early for discount.

What is included in the conference registration fees?

- Opening reception on Wednesday, 19 July 2017
- All presentations, workshops and networking events
- Continental breakfast and coffee, tea and snacks at breaks
- Hawaiian luau celebration on Saturday, 22 July 2017
- Up to 18 hours of training toward certification as a sandplay therapist- ISST
- Specials and discounts at local restaurants and events



Mobile App

This year all people who register for the 24th ISST Congress will get instructions for downloading our free App, “**Destruction and Creation in the Fertile Fields of Sandplay**” brought to us through *Whova*.

The App is an optional benefit and can be downloaded on your mobile device. The App will allow you to:

- View the event agenda, abstracts, and speaker bios.
- Plan your schedule on your mobile device.
- Plan whom to meet by browsing attendee profiles in advance.
- Make connections and network with other attendees by sending in-App messages and exchanging contact info.
- Download handouts and view from your mobile device.
- Receive update notifications and announcements from organizers.
- Access hotel info, GPS guidance, maps, and parking directions.

Conference Venue and Hotel

Marriott Courtyard King Kamehameha Hotel
75-5660 Palani Road
Kailua-Kona, HI 96740

Phone: (808) 329-2911

Hotel Reservations

- At the venue hotel, there is a conference rate of \$150 per standard room, upgrades available
- Up to four people may share a room
- Special conference rate will be extended for several days prior to and after the conference for those wishing to extend their stay to explore and enjoy the island.
- You may make a reservation online at <http://cwp.marriott.com/koacy/isstconference>
- A credit card will be required to guarantee your room reservation.

Airport and Transportation

Kona International Airport at Keahole (KOA) is the closest to the hotel. KOA is approximately 8 miles or 16 minutes drive from the conference venue. For shuttle service go through:

<http://www.speedishuttle.com/>

The Hilo International Airport (ITO) is located 102 scenic miles from the hotel, just under two hours away. If you will be touring the island and choose to use ITO it is recommended that you rent a car.

Hawaiian Luau Celebration



On Saturday, 22 July 2017 we will celebrate together with a private luau. Traditional Hawaiian luau food will be served with a spectacular Polynesian dance review by Tihati (www.tihati.com).

For those registered for the Congress there is no additional fee for the luau. You are welcome to bring guests at the following discounted rates:

- Adults (guests)- \$75
- Children (12 and under)- \$50
- Children (3 and under)- free

When you make payment for the Congress you will be asked to indicate how many guests you will be bringing to the luau.

Pre-conference Sandplay Intensive



A private pre-conference sandplay intensive with a study of the Pele myth, experiential activities, and island excursion will be held from 16-18 July 2017 in Hilo, Hawai`i (windward side of the Big Island). The intensive is called, ***Where Pele Reigns: Elemental Consciousness in Hawai`i.***

STA/ISST teaching members will include:

- Sherry Renmu Shepherd, PhD,
- Gita Morena, PhD, and
- Lorraine Razzi Freedle, PhD.

A kumu (teacher) will join us to share the myth, interpret Pele's dances, and to tell stories during our excursion to the volcano.

Separate registration is required. Space is limited. Contact:

lrfreedle@gmail.com with questions. To register go to:

<http://lorrainefreedle.com/event/4-elements-conference-in-hilo/>

Sponsors

We are grateful to the following local businesses for their generous donations:

Artist: Linda Rowell Stevens- www.lindarowellstevens.com

Pacific Quest- www.pacificquest.org

Coral Reef Adventures- www.coralreefsnorkeladventures.com

...and others!



24th ISST Congress SCHEDULE

Wednesday, 19 July 2017

8:00 am to 9:00 am

- Teaching Member Registration

9:00 am to 3:00 pm

- Teaching Members Day (ISST Certified TM's Only)

3:00 pm to 6:00 pm

- Registration- All

6:00 pm to 8:30 pm

- Welcome / Opening Reception

Thursday, 20 July 2017

6:00 am to 7:00 am

- Tai Chi on the Beach

8:30 am to 10:00 am

- Morning Plenary- Pele/Fire;
Sherry Renmu Shepherd, PhD, Hawai`i

10:30 am to 12:00 pm

- Morning Seminars

1:30 pm to 2:45 pm

- Afternoon Plenary- Destruction and Creation;
Dr. Alexander Esterhuyzen, ISST President, Hong Kong

3:15 pm to 5:15 pm

- Paired Case Studies

7:00 pm to 8:30 pm

- "Come and go" miniature making and art room

Friday, 21 July 2017

6:00 am to 7:00 am

- Tai Chi on the Beach

8:30 am to 10:00 am

- Morning Plenary- Chinese Image of Water;
Professor Heyong Shen, PhD, China

Questions? Contact us: isstcongress2017@gmail.com



Friday, 21 July 2017 (continued)

10:30 am to 12:00 pm

- Morning Seminars

1:30 pm to 3:30 pm

- Paired Case Studies

4:00 pm to 5:30 pm

- Experiential Workshops

7:00 pm to 8:30 pm

- “Come and go” miniature making and art room

Saturday, 22 July 2017

6:00 am to 7:00 am

- Tai Chi on the Beach

8:30 am to 10:00 am

- Morning Plenary- In the Spirit of Janus- God of Transitions
Ruth Ammann, Jungian Analyst, Switzerland

10:30 am to 12:00 pm

- Morning Seminars

1:30 pm to 5:00 pm

- ISST General Assembly

6:30 pm to 9:00 pm

- ISST Hawaiian Luau Celebration

Sunday, July 23, 2017

6:00 am to 7:00 am

- Tai Chi on the Beach

8:30 am to 10:00 am

- Morning Seminars

10:15 am to 11:45 am

- Morning Seminars

12:00 pm to 12:30 pm

- Closing Plenary and Closing Ceremony



Wednesday, 19 July 2017

8:00 AM - 9:00 AM

Teaching Member Registration

9:00 AM – 3:00 PM

ISST Teaching Member Day

Pre-conference Teaching Member Seminar sponsored by ISST (lunch provided). We invite certified ISST Teaching Members (TM's) to attend. In 2015 we had our first ISST TM's Day and we are pleased to invite TM's to our 2017 event. Our purpose is to promote a sense of community and resources amongst TM's and to raise awareness of our key role in "protecting and developing Sandplay therapy in the tradition of Dora Kalff based on the psychology of CG Jung." (See Martin Kalff: <http://www.isst-society.com/homeng.php?site=history>.)

The ISST Board recognizes and values the key role of our Teaching Members in fulfilling the goals and purpose of our society which include:

1. Promotion of the study of ISST Sandplay Therapy,
2. Propagation and dissemination of knowledge about ISST Sandplay Therapy, and
3. Promotion of qualified standards of training and practice on the basis of ethical therapeutic conduct. (See <http://isst-society.com>.)

Objectives:

1. Introducing *The Teachers Handbook*, clarifying common confusions regarding certification requirements. (Certification Committee and Betty Jackson)
2. Opportunities for teachers in Developing ISST Groups, finding solutions together. (Developing Group Committee)
3. Considerations in the use of on-line teaching modules. (STA Online Education Committee).

3:00 PM - 6:00 PM

Registration- All

6:00 PM - 8:30 PM

Welcome / Opening Reception

Connect with old friends and new at our Welcome and Opening Reception. Selected Hawaiian pu`pus, beer and wine will be served. After ISST Congress greetings, Kahu Kawila Clark (Hawaiian High Priest) will lead blessings and share the meaning of Aloha.

Questions? Contact us: isstcongress2017@gmail.com



Thursday, 20 July 2017

6:00 AM to 7:00 AM

Tai Chi on the Beach – Parker Linekin

8:30 AM – 10:00 AM

**Opening Plenary: Pele the Destroyer—Pele the Creator
Sherry Renmu Shepherd, PhD, Hawai`i**

The fiery Volcano Goddess Pele, she who embodies both destruction and creation in her chosen homeland, dwells at the spiritual center of Hawai`i Island. This is a sacred realm where flowing lava, salty sea, and ancient cloud forests together create the newest land on our planet. Hawai`i's ancient and sophisticated mythology accurately maps the process of personal individuation. Before the creative can arise, destruction must occur. The false self must recede before the true self can appear. In this great huluhia, a new world view will emerge. As travelers here, it is vital to find our orientation to this Aina (land) and to her Akua and Aumakua (deities). Aloha, you are welcome.

Objectives:

1. To instill increased respect for the Hawaiian culture and the importance of diversity in working with sandplay clients;
2. To define the relationship of the false self and the true self in the individuation process;
3. To increase knowledge of Hawaiian mythology and Hawaiian spirituality.

10:30 AM – Noon

Morning Seminars

**Seminar 1a. Destruction & Creation in Sandplay of
Earthquake Survivors in Nepal**

Mikyung Jang and Se-hwa Lee, South Korea

Culture and resilience influence what is considered a traumatic event, the process of experiencing trauma, the meaning of trauma, and the healing process. Religion, an important element of culture may decrease the symptoms of psychological trauma. Cultural resilience has been shown through sandplay for the Nepalese earthquake survivors. A survey was carried out to measure psychological and emotional symptoms of earthquake survivors. Because Nepalese have strong religious belief about



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10:30 AM – Noon

Morning Seminars (continued)

reincarnation, they are reluctant to express their negative emotions. Therefore, sandplay therapy is a good therapeutic modality to intervene on psychological stress due to earthquakes. Nepalese people have exactly expressed in sandtray what they have experienced during and after the earthquakes using sand and symbols. Furthermore, they were able to realize that the sandplay work they were doing showed internal and psychic changing and recovering processes from destruction of earthquakes.

Objectives:

1. Connect natural disaster to religious culture as a resilience element on psychological symptoms;
2. Evaluate how damaging an earthquake can be to victims' mental health;
3. Categorize the patterns of sandpictures and associations of earthquake victims.

Seminar 1b. “In Relation you are Created”: Unconscious communication in the relationship space of sandplay therapy

Anke Seitz, Germany

From the beginning C. G. Jung emphasized the relational dimension, he saw the therapist as an experiencing participant in a common developmental process. Sandplay has its place in the relationship between therapist and client and it's therefore part of a dialogic process. Creativity is unfolding in the context of an intersubjective field. “Through the Thou a person becomes I”, Martin Buber said.

At the beginning is relationship: After a theoretical introduction which reflects on the meaning of the resonance space in the interactive field of Sandplay Therapy, a following case study of a female Adolescent will illustrate, how emotional exchange processes can help to become one-Self.

Objectives:

Participants will explore transference/counter transference and intersubjectivity in sandplay.



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10:30 AM – Noon

Morning Seminars (continued)

**Seminar 1c. Piccirillino Comes out of the Sand:
Growth and formation process as described in a
Tuscan fairy tale**

Marcella Merlino, Italy

The destructive impulses which a patient about to utilize the sandtray may exhibit, are necessary steps along a path, or the negation of the work. Here the figure of the therapist and the rapport that s/he has with feelings such as fear and destructive tendencies in their own inner world are of paramount importance. The ultimate goal of those who use drugs is to cancel their own lives. Images of this total destruction may at times appear in the sandtray; but such images may also be signs of the end of one phase so as to gain access to a new period. A Tuscan folktale, Piccirillino, will be used. By accepting a descent into putrid matter, the protagonist of the tale grows and emerges transformed. Participants will explore addiction, sandplay

**Seminar 1d. Must Theseus Kill the Minotaur? Coping
with destructive aggressiveness in sandplay therapy**

Maria Kendler, Switzerland

Dealing with destructive forces is one of the most challenging encounters in the therapeutic practice. They can threaten the patient's psychic, social or even physical life as well as the therapy itself if destructive dynamics become dominant in the co-transference. In this presentation, examples of clinical case material will guide our reflections about the therapist's attitude to cope with manifestations of destructive energies which sometimes appear extensively in the sandpictures of children. What kind of containment can best support the patient in mentalizing strong destructive emotions and help him to metabolize the unconscious patterns which lie at their origin, in order to allow constructive and creative energies to arise?

Objectives:

1. Become aware of destructive dynamics in sandplay therapy (symbolic and relational level);
2. Apply current theories about containment and co-transferential phenomena to situations of destructive aggressiveness and reflect on efficient support of the client in order to activate creative forces;
3. Learn about Fonagy's concept of "mentalization" and reflect on its relevance for sandplay therapy.



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10:30 AM – Noon

Morning Seminars (continued)

Seminar 1e. Temenos, Imagination, & Empathy: Holding the destruction and creation of Anima Mundi in the sandplay process

PANEL: Audrey Punnett, USA; Margaret Baron, UK; Harriet S. Friedman, USA; Marion Anderson, USA

Anima mundi or the world's soul holds the potential for expression in the sand. With so much destruction and chaos in the world, the images in the sandplay room engage the person in a dialogue between the conscious and unconscious worlds; here there is opportunity for the creative process. Four cases ranging in age from 4 to 70 will be discussed with emphasis on the connection between the world and its elements, holding the temenos and meeting them with the empathy inherent in Kalfjian sandplay.

Objectives:

1. To understand the importance of the free and protected space in sandplay therapy;
2. To gain knowledge of how the sand expresses the wounds in landscapes from the individual microcosmos to the landscapes of the world macracosmos;
3. To observe and become familiar with the natural creative tendencies of the psyche after loss and grief.

Noon – 1:30 PM Lunch on your own

1:30 PM – 2:45 PM

Afternoon Plenary: Cycles of Destruction and Creation: Individual and collective considerations

Dr. Alexander Esterhuyzen, ISST President, Hong Kong

This presentation is an invitation to members to open their minds to the social/collective aspect of individuation for the individual, and its parallel in the individuation of our organization (ISST).

Many people will be aware of the growth cycles in life and in an individual's sandplay process. It often involves a turmoil and upheaval that



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brings change leading to a new integration and wholeness. However, many, if not most, sandplay processes stop at this stage and leave out the next development of the individuation process: that of reintegrating with the social context. This final key stage of individuation is often neglected.

Organizations have a similar trajectory. This important phase of development involves having to struggle with, and integrate, opposing tendencies of narcissistic personal needs and altruistic, social collective needs. As Jung says in his definition of individuation in his book, *Psychological Types*: "Since the individual is not only a single, separate being but, by his/her very existence, also presupposes a collective relationship, the process of individuation must lead to a more intensive and universal collective solidarity, and not to mere isolation." (p. 562)

This can also be seen in sandplay images where personal sandplay processes continue for long enough. The talk will include two examples of images showing this transition some time after images of integration and wholeness. Organizations undergo a similar individuation process; one to which we all contribute either consciously or unconsciously. We, as members of our organization (ISST), can benefit from becoming more conscious of our own contribution to our organization's collective identity. Individuation of the individual and the of the organization can only come about by developing greater awareness of ourselves and our own influence on the collective unconscious of our organization.

Objectives:

1. To increase awareness that individuation requires an individual to return to a social context after an introspective, personalistic journey. This includes collective social responsibilities, even organizational responsibility.
2. To consider parallels between personal individuation and "organizational individuation". How this can inform our comprehension of the development of ISST and our current position.
3. To increase awareness of individual members about their contribution to the collective consciousness of our organization.

3:15 PM – 5:15 PM

Paired Case Studies

The Paired Case Studies format is new this year to provide a more interactive and stimulating experience for the attendees. In this format teachers are matched presenting on clients close in age and/or with similar clinical presentations, but typically from a different country. Two hours in length, there will be two case studies (40 minutes each) followed by discussion.



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3:15 PM – 5:15 PM

Paired Case Studies

Paired Case Studies 1a. Young women with trauma

Michal Troudart, Israel; Joy Norton, Australia

Case One/Troudart: ***A Journey through Water, Earth and Fire: A case study of trauma and healing.*** This case study deals with the treatment of a young woman who had gone through multiple traumatic events. There was a noticeable difference between her oppositional behavior in the verbal analysis and her creativity and immersion in the process of sandplay therapy. The patient's process will be described mainly through the journey of one little figure which was present in most of her sandtrays, and went through dangerous adventures, surviving fierce natural forces on the way to healing. The advantages of sandplay therapy in the healing of trauma will be discussed.

Case Two/Norton: ***The Creative and Destructive Maternal: A way of coming into being through the body.*** This case study discusses clinical work where sandplay enabled access to early developmental trauma that was locked in the body of a 32-year-old woman. A sandplay series is presented elaborating the animating experiences that reach beyond words to facilitate and activate symbolic functioning, the place where words do not sufficiently translate experience. The case study explores some ways the psyche was activated with sandplay as part of a long analytic process. It explores the movement from experiences of the body as destructive to being pregnant with life. It exemplifies the holding power of nature and the vitality of connection to the primordial sphere.

Paired Case Studies 1b. Boys with obsessions

Hyunsook Chang, South Korea; Gretchen Watts, USA

Case One/Chang: ***Case Study of a Boy with Microtia Obsessed with Cartoon Characters.*** This is a case of an 8 year old boy with microtia who is obsessed with cartoon characters. The boy was born with a sunken left ear, causing slowness in physical movement. Because of microtia, he lacks self-confidence, experiences difficulty in relation with peers, and shows addiction to cartoon characters. The sandplay therapy was conducted weekly, for a total of 23 sessions. Throughout the therapy, the client displays the adventure for his masculinity. This case demonstrates a Hero's Journey of a handicapped boy who strengthens his ego and builds confidence through sandplay therapy.



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3:15 PM – 5:15 PM

Paired Case Studies (continued)

Case Two/Watts (Sponsored by Trudy Rankin): ***Tomb of the Dragon Emperor: Destruction from pornography to the creation of the hero.*** In this case study, Gabe is a ten year old boy whose three month exposure to internet pornography and a subsequent incident of sexually acting out behavior catapulted him into a separation by the destruction of his childhood innocence. With this most difficult crisis, he entered into the hero's journey to learn to heal his trauma. After experiencing a metaphorical death, he confronted the ancient dragon he must slay and from his battle with his demons, he gained power to find his way back to his childhood with the creation of a new self.

Paired Case Studies 1c. Midlife women – destruction and creation

Joan Concannon, USA; Deborah Bedford-Strohm, South Africa/Germany

Case One/Concannon: ***Mirroring and Reflection in Sandplay.*** In this Sandplay case of an adult woman at midlife, the inner destructive process, which no one else sees, is witnessed and reconstructed in the sand. In early childhood, the broken mirror of mother's depression contributed to the patient's development of a false self. Yet the experience of positive mirroring in the therapeutic relationship allowed a healing transference to develop. The symbol of the mirror, reflecting both shadow aspects and the Self, is seen throughout in her dreams and sandtrays. In this journey, she was able to develop a deep connection to the Archetypal Feminine and express herself authentically.

Case Two/Bedford-Strohm: ***Ruth's Creations in Sand: Deconstructing/reconstructing parental and divine imagos.*** In a process involving sand pictures evoking world creation and human conception, Ruth struggles to overcome panic and depression by addressing the life-blocking aspects of her internalized images of both God as father and her personal parents. This case presentation describes a highly personal and creative path integrating sandplay, active imagination, prayer, inner child work, journaling, creative writing and verbal therapy in the integration of shadow material and the rebuilding of life-affirming images.



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3:15 PM – 5:15 PM

Paired Case Studies (continued)

Case Studies 1d. Boys – destructive and creative energies, divorced parents

Thomas Mantel, Germany; Yoshiharu Yamamoto, Japan

Case One/Mantel: ***Destruction and creation in the sandplay-process of an 6 years old boy.*** This case study will use the most important sandtray-pictures of a boy with emotional problems, headache and great social problems by impulsive aggressive disruptions. The chaotic aggressive pictures at beginning of the three and a half year lasting therapy with one session per week changed to creative new scenes. The boy managed to use the free and protected space of the sandplay-therapy to find his own solutions in a very difficult situation of his family.

Case Two/Yamamoto (Sponsored by Yamanaka Yasuhiro): ***Destruction, Creation and Repetition Inside and Outside a Sand Tray.*** A boy with psychosomatic disorders whose parents got divorced recovered through play therapy with sandplay. While the expression with sandplay was destructive and creative initially, play in the sand tray turned repetitive with small changes. Outside the sand tray, some creative play was developed with rails, trains and big building blocks. In conclusion, the repeated expression inside the sand tray might be archetypal and reflected his roots, origin and identity, while the play outside the sand tray showed his development and recovery.

5:15 PM - evening

Dinner on your own

7:00 PM – 8:30 PM

“Come and go” miniature making and art room



Friday, 21 July 2017

6:00 AM to 7:00 AM

Tai Chi on the Beach – Parker Linekin

8:30 AM – 10:00 AM

Morning Plenary: The Meaning of the Chinese Image of Water in Sandplay, Destruction, Creation, and Beyond

Professor Heyong Shen, PhD, China

Dora Kalff used the Chinese image of water in her book (Sandplay: A Psychotherapeutic Approach to the Psyche). In this presentation, we will present the original and archetypal images of “water” in I Ching hexagrams and Chinese characters, to explore the meaning of the images of water, such as balance and equilibrium, the way of therapy (the Chinese image of therapy is how do deal with water), and the meaning of healing (the Chinese image of healing is to have boat above the heart, the benefit from the water). Through the presentation we shall then bring our reflection and response to our Congress theme: Destruction and Creation in the Fertile Fields of Sandplay.

Objectives:

1. Learn the meaning of the Chinese image of water in sandplay, and the images of Chinese “Sandplay”, the symbols and archetypal images;
2. Learn the meaning of the Chinese images for “therapy” and “healing” related to the image of water, and the meaning of destruction, creation, and beyond;
3. Further understand the theme of the Congress: Destruction and Creation in the Fertile Fields of Sandplay.

10:30 AM – Noon

Morning Seminars

Seminar 2a. Chaos and Structure, Creation in Sandplay

Ulrich Gundermann, Germany

Creation converts earth into a place where mankind can live. Creation-myths tell about this process in pictures, that appeal to our senses. They can be understood as description of growing consciousness. In sandplay chaotic pictures often represent unstructured psychic energy. If the pictures get more structured, this is connected with a feeling of meaningfulness and



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10:30 AM – Noon

Morning Seminars (continued)

strengthening of the Ego-Self-Axis. In an introduction the topic will be presented on the basis of creation-myths. In the course of the seminar the subject will be deepened on the basis of a case study of a six year old boy with compulsion disorder.

Objectives:

1. To respect and appreciate chaotic pictures in sandplay as representations of unstructured psychic energy;
2. To explore intrinsic factors that lead to more structure and centering, but need to be accompanied;
3. To consider myths as helpful for the understanding of the necessary balance between chaos and structure.

Seminar 2b. After the Towers Fell: The neuropsychology of sandplay therapy and trauma

Lorraine Razzi Freedle, Hawai`i

At the tender age of 8, Jimmy lost his father in the 9/11 terrorist attacks on the World Trade Center in New York City. At 22 his world fell apart. Overwhelmed by OCD, alcohol abuse, guilt and shame, he could not meet the demands of college.

You are invited to explore the neuropsychology of sandplay, and a neuropsychological perspective on how sandplay heals trauma. Participants will also take a powerful journey through Jimmy's sandplay process and explore developmental trends in the children of 9/11 and what may be revealed about coming to consciousness in the shadow of modern-day terrorism.

Objectives:

1. Describe the relationship between brain and psyche in the neuropsychology of sandplay therapy;
2. Explore a neurodevelopmental perspective on coming to consciousness through sandplay;
3. Identify four aspects of sandplay therapy that promote neural integration and healing of trauma.

Note: This is an encore presentation from a plenary address at the 2016 STA National Conference.

Questions? Contact us: isstcongress2017@gmail.com



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10:30 AM – Noon

Morning Seminars (continued)

Seminar 2c. On the banks of the Sea: The ebb and flow of our journey

Speaker: Robin Zeiger, Israel

This symbol study uses Jewish mythological sources related to “the banks of the sea” to reflect upon the ebb and flow of water and dry land. Case examples provided allow participants to reflect upon the themes of destruction, creation, and transformation on the banks, as well as the symbolism of a sandplay conference on the island of Hawai`i.

Objectives:

1. To learn about and reflect upon less known Jewish mythological sources about the ebb and flow of water in creation and destruction.
2. To learn more about the differing symbolic significance of the meeting place of land and water (the banks) in sand-play creations vis-à-vis case examples.
3. To explore one's own unique experience of banks in every direction vis-à-vis a conference on the island of Hawai`i.

Seminar 2d. Sandplay as a Waking Dream: Images hidden in the emotions

David Capitolo, USA

This presentation will introduce a new concept interpretation and sandplay nomenclature that will deepen the foundation and understanding of the conscious and unconscious process of the creation of a sand scene. The consequence of this new theory development will be the destruction of the vague explanations previously used to describe the process. Using the words; resonance, response, and synergy will more creatively describe the energetic stimuli interaction of the client, figures, therapist, and the created sand scene. Several first trays will be presented, followed by a hands-on experience that will confirm these concepts and can be replicated anywhere.

Objectives:

1. Distinguish between a narrative derivative and a visual derivative;
2. Identify different sources of energetic stimuli present in the sandplay environment;
3. Describe how the sandplay therapist's “symbolic recognition” impacts the sand scene.



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10:30 AM – Noon

Morning Seminars (continued)

Seminar 2e. When Kites Soar Again: Increasing resilience through sandplay and play therapy with children affected by interpersonal trauma

Jacquelyn Kelley, USA; Eric Green, USA

Interpersonal trauma affects approximately 12% of children in the U.S., which involves potentially traumatic events, such as an unexpected and/or violent death of a loved one, physical abuse, and/or sexual assault. Understanding the unique effects of interpersonal trauma on young children, as well as identifying effective mental health treatment protocols, are critical for trauma-informed sandplay therapists to practice competently and increase protective processes and resilience in children. This workshop presents an original model that integrates sandplay and play therapy—while remaining sensitive to the most current clinical implications in the trauma treatment outcome literature.

Objectives:

1. Define interpersonal trauma;
2. List three developmental implications of interpersonal trauma with young children;
3. Identify two benefits of integrating sandplay and play therapy with children affected by interpersonal trauma.

Noon – 1:30 PM Lunch on your own

1:30 PM – 3:30 PM

Paired Case Studies

Paired Case Studies 2a. Girls with trauma, the feminine

Hiromi Ishii & Kanako Nagahori, Japan; Mee-ra Kowen, South Korea

Case One/Ishii & Nagahori (Sponsored by Masayoshi Hironaka):

Psychological Death and Rebirth Process from Earthquake and TSUNAMI Images: Sandplay of a girl who strives to stand at the entrance of puberty. This presentation discusses how natural disasters such as an earthquake or TSUNAMI connect to our psychological states of being. Not only do those disasters turn to tragedy, but they also have the opportunity to encourage someone's psychological growth. This case



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1:30 PM – 3:30 PM

Paired Case Studies (continued)

describes a ten-year-old girl's struggle to stand at the entrance of puberty through sandplay and drawing representing the images of TSUNAMI. The girl was able to go into the adolescent process for the first time by experiencing the psychological death using the image of water as a swallowing mother.

Case Two/Kowen (sponsored by Brenda Weinberg): **Destruction and Creation of Mother Archetype in a Girl's Ego Developmental Process in Sandplay Therapy.** As all archetypes have dual roles, the Mother archetype has also a negative aspect to devour and destroy what is growing to be independent. A child case whose mother was sexually abused when she was a little girl will be presented. Development of the positive Mother archetypal energy of the mother was disturbed due to sexual abuse. Sandplay gave opportunities to heal not only child's problems but also mother's trauma and brought psychological independence and differentiation to both the child and the mother. The child showed well that she has overcome her negative Mother archetypal energy disturbing development of the ego-consciousness and has created her own developmental way.

Paired Case Studies 2b. Children who experienced death of a parent; short and long series

Jill Kaplan, USA; Lisa Ravitz, USA

Case One/Kaplan: ***Drowning and Salvation: A case of traumatic loss and redemption.*** Traumatic, sudden loss can create a sense of overwhelm rendering the victim unable to respond or recover agency. Ari returned to therapy after losing his father at a young age to a violent death. Dissociated and disconnected from his life, sand scenes from his seven-year process illustrate movement from destruction and despair to creation in the temenos provided by sandplay therapy. Through his use of sand and other play materials he finds redemption from loss. This presentation demonstrates how the self-care system, as described by Kalsched, shows up in sandplay work and must be honored by the therapist.

Case Two/Ravitz: ***A Child's Encounter with Mother's Sudden Death: Trauma, mourning and attachment.*** In this case of an 8 year old boy dealing with the traumatic death of his mother, we will witness the dance between the destructive forces of chaos, death, and the negative mother with the creative forces of nurturance, attachment and communion. Through an encounter with both archetypal and persona shadow elements, in the context of a positive co-transference, instinctual and developmental energies



Friday, 21 July 2017

1:30 PM – 3:30 PM

Paired Case Studies (continued)

were unblocked, a more secure attachment was established, and the ego-Self axis was deepened. This case illustrates the full impact even a short process can have on a child's development, giving hope to therapists with limited therapy sessions. Time will be spent on making sense out of a chaotic first tray and tracking the integration of the pieces throughout the process.

Paired Case Studies 2c. Women with developmental trauma – a spectrum of healing dynamics

Sarah Gibson, Australia; Lilach Galkin, Israel

Case One/Gibson: ***The White Place: The pre-symbolic in sandplay.***

This presentation follows the sandplay series during a long analysis with a 47 year old woman who suffered early developmental trauma. How sandtray images give us insight into the world of the pre-symbolic is explored, in particular, how they reveal a dissociated, autistic-like space of unformulated experience. The extent to which sandplay can facilitate the development of the symbolizing function from a pre-symbolic state is further discussed and why for certain people the development of symbolic reflection and the capacity to play may be limited or perhaps not even possible.

Case Two/Galkin: ***Death, Grief, Hunger and Pregnancy:***

The therapy process of a woman of 27 whose brother died when she was young. The clinical case of a 27- year old woman who experienced a rough and violent upbringing and then suffered the trauma of losing her older brother who died in the military is presented. While in art and sandplay therapy she experienced a miscarriage in her first pregnancy. Several of her 18 sandplays will be shown that illustrate the themes of the presentation: treatment of trauma, cross-generational transference of responses to grief and loss, resilience and means for dealing with trauma.

The therapeutic process will be discussed from three perspectives:

1. Comparison between the myth of Demeter and Persephone and the therapeutic process where the cycle of death and resurrection is discovered as a "cosmic" pattern;
2. Analyzing the feminine, mental and physical aspects as they relate to motherhood, to pregnancy and birth, to hunger and life and death;
3. Partial resolving of complexes and developing an animus spectrum of ego-Self.



Friday, 21 July 2017

1:30 PM – 3:30 PM

Paired Case Studies (continued)

Paired Case Studies 2d. Boys with early trauma

Shannon Yockey, USA; Eunice Ra, South Korea

Case One/Yockey: ***Finding Hope in the Darkness: Healing early childhood trauma in our most resistant child clients through sandplay.***

Working with our most traumatized and resistant, child clients pose unique challenges in holding and containing the “free and protected” space in sandplay. These children often resist any attempts at relationships and put up barriers in the therapeutic process out of fear and mistrust. These are often our most difficult, messy and dark cases. We may doubt, feel lost, and wonder if we can make a difference at all. In this workshop we will explore the harmful impacts of attachment trauma on the child’s developing sense of self. We will look at how psychological defenses evolve in response to the psyche’s attempt to protect from further harm. These defenses damage the child’s ego/Self axis relationship necessary for connection and relationships. As therapists we work to re-create the early mother/child relationship necessary to heal early wounding. Increased awareness and ability to work with the negative transference and painful projections are a critical piece of this process.

Case Two/Ra (Sponsored by Harriet Friedman): ***Everywhere and nowhere - Where does my identity come from?*** A question like “Where are you from?” can become quite complicated for children with cross-cultural backgrounds. They tend to build relationships with all of the cultures that they have been exposed to, while not having full ownership in any. As challenges are faced and elements of each culture are integrated into their life stories and identity, cross-cultural experiences may be fully recognized and their meanings found.

The case illustrates the story of an 8 year old boy, Jose who was born in Columbia, South America and adopted to his American parents at age 6. Jose moved to Korea with his adoptive family and started his school, where he had a lot of trouble socially as well as academically. The early childhood trauma such as the separation from biological parents, relocations, and loss of mother-tongue and culture of origin is depicted in Jose’s narratives and sandplay images. The exploration of healing archetypes and the understanding of inner images guided his journey to get in touch with who he truly is and ensured what his inner strengths are.



Friday, 21 July 2017

4:00 PM – 5:30 PM

Experiential Workshops

Experiential Workshop 1a. Sacred Volcano

Elizabeth Kong, Hawai`i; Danelle Madeiros, Hawai`i

There are five volcanoes on the Big Island of Hawai`i, including Kilauea-- the world's most active volcano and home of the goddess Pele. Join Sandplay Therapists of Hawai`i as we explore the meaning of volcanoes to the Hawaiian people. You will also explore your personal relationship to the volcano by participating in storytelling, a traditional Hawaiian Pikai ceremony, and miniature making. Images of volcanoes in sandplay will show creative, destructive and transformational properties. Participants will leave with "treasures of transformation" from the Big Island of Hawai`i. Sponsored by Lorraine Freedle.

Experiential Workshop 1b. Wise Body: training therapeutic presence in sandplay

Linda Elaine Bath, USA; Patrick Fagianelli, USA

This innovative workshop provides a "Wise Body" approach to training and therapeutic presence in sandplay. Best practice methods as lived experience offer tools to gauge attention to symbolic metaphors, triggers and trauma responses. Aikido techniques and meditative practices will be taught as aids to strengthen the sandplayers therapeutic alliance, build client self-worth and increase stress tolerance/resilience in the treatment of post traumatic stress disorder in children. This experiential workshop utilizes Aikido practices that do not require prior knowledge or physical dexterity and a sandplay case presentation to guided and deepen participants play therapy skills.

Experiential Workshop 1c. Liminality, Lotus, Light

Speaker: Trina Nahm-Mijo

In Hawai`i, destruction and creation are associated with the Goddess of Fire, Pele. In Asia too, fire is both a creative and destructive element. Many cultures utilize images of fire and light as symbols of transformation. In the Korean culture, Buddha's Birthday is celebrated with a Lantern Festival every May in which hundreds of thousands of paper lanterns, big and small, are paraded down the center of Seoul. In this workshop, participants will make a small lotus lantern, fashioned from special papers only obtainable from Korean Buddhist Temples. Then, with their lanterns, they will participate in a simple ritual for healing and well-being. Sponsored by Sherry Renmu Shepherd.



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4:00 PM – 5:30 PM

Experiential Workshops (continued)

Experiential Workshop 1d. Fire Clears the Way for New Growth: Symbolic representations of fire and the “Burning Bowl” in sandplay

Rosalind Heiko, USA

This workshop will explore the nature of fire symbology within sandplay practice. We will focus on considerations and safeguards when working with the element of fire; particularly with the intense movement and agitation that activated energy can heighten. Fairytales that highlight fire, and myths of radiant deities will illuminate diversity in aspects of fire across cultures and time. We will utilize case presentation material, video, discussion, and expressive artplay within an experiential format. We will consider the sacred and incandescent nature of the Burning Bowl as a means to inhabit the element of fire in ritual.

5:30 PM - evening

Dinner on your own

7:00 PM – 8:30 PM

“Come and go” miniature making and art room

Saturday, 22 July 2017

6:00 AM to 7:00 AM

Tai Chi on the Beach – Parker Linekin

8:30 AM – 10:00 AM

Morning Plenary: In the Spirit of Janus, the God of Transitions

Ruth Ammann, Jungian Analyst, Switzerland

Ruth Ammann discusses the history of ISST and offers personal reflections about the future of the Society, and the past, present and future of Sandplay Therapy.



Saturday, 22 July 2017

10:30 AM – Noon

Morning Seminars

Seminar 3a. Igniting the Imaginal Fire

PANEL: Debbie Mego; Harriet S. Friedman; Sachiko Taki-Reece; Joan Concannon; Antoinette Eimers- USA

We invite Certified and Teaching Members of ISST to renew their perspective on how sandplay is taught and how cases are presented. A space will be opened to reconsider our approaches to training sandplay therapists. We will facilitate fertile, cross-cultural dialogue and are excited to learn from the different approaches and questions each person brings. We will provide a container in which participants can reflect creatively on where we are with sandplay training and presentations, openly considering new ways of being and thinking. This is an opportunity for professional renewal without losing our Kalfian roots.

Objectives:

1. Determine which modalities of presentation in teaching sandplay are most stimulating for you;
2. Discuss new ways of approaching and conceptualizing teaching sandplay and presenting cases;
3. Compare the varying approaches to teaching sandplay in different cultures.

Seminar 3b. The Archetypal Connection between the Sandpictures of Five Chinese Patients and the Chinese Ancient Hieroglyph: An expanded base for circumambulation to understand psychic dynamics

Adelina Wei-kwan Wong, Hong Kong

The Chinese Ancient Hieroglyphs (hereafter referred to as Hieroglyph) used around 1250 BC were mostly pictorial imageries. They are in archaic primordial form, like the sand, that exist in Chinese collective unconscious. Earlier research suggested that Hieroglyph can be used as archetypal symbolic language of Self in therapy. In this presentation, the presenter associates the sandpictures of five Chinese patients with the corresponding Hieroglyphs and interprets the interactive psychic dynamics between the Hieroglyphs and the patients. Such clinical usage of the Hieroglyphs enhances the understanding of the psychic dynamics of patients, and thus facilitates the therapeutic process.



Saturday, 22 July 2017

10:30 AM – Noon

Morning Seminars (continued)

Objectives:

1. Learn the clinical use of sand as a primordial means to depict the deep yearning of the patients;
2. Explore the association between different symbolic languages of Self, e.g., the sand images and the Chinese Ancient Hieroglyphs in this presentation;
3. Apply the clinical use of the Chinese Ancient Hieroglyph to case studies.

Seminar 3c. Water: A symbolic agent of destruction and creation

Marion Anderson, USA

Jungian Analyst Edinger states that “the solutio (dissolution) has a twofold effect: it causes one form to disappear and a new regenerated form to emerge.” We can observe this process very concretely through the use of water in sandplay. This presentation, partially based on research published in Brazil, will examine the symbolic spectrum of water in sandplay ranging from destruction to creation and rebirth. The nature of water will be explored in its symbolic polarities in theory, myth, alchemy and case vignettes focusing on the cyclic nature of destruction and renewal.

Objectives:

1. Understand the use of water in sandplay;
2. Identify the alchemical stage of solutio in sandplay;
3. Demonstrate knowledge of the vast symbolic meaning of water in the psyche and in sandplay.

Seminar 3d. Rupture and Repair in Sandplay Therapy: On finding love in lava, or “Neumann’s Map” revisited

Heather Lesley-Swan, Australia

This seminar will explore Eric Neumann’s stages of the developing ego, precursor to an ego-Self axis. It will trace related archetypal imagery in sandplay therapy, firstly in therapy with children, then again in therapy with adults where developmental rupture has escaped repair constellating irruptive shadow elements still living through the inner child of the adult. This paper marks 20 years since the publication of LaVon Bobo’s pivotal paper, “Neumann’s Map” in the Journal of Sandplay Therapy.



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10:30 AM – Noon

Morning Seminars (continued)

The attuned therapist as the instrument of healing-toned holding will be considered, with profound respect for the regressive and progressive movement of the psyche and its resonance with the archetypal energies of the life-giving and destroying Great Mother. Contemporary neurobiology and the therapist's role will also be explored.

Objectives:

1. Recognise Neumann's stages of development of the ego as referred to by Dora Kalff;
2. Track developmental stages displayed in sandplay scenes of both children and adults;
3. Use the archetypal imagery of Mother/Father offered in sandplay therapy to inform and enhance the therapeutic relationship.

Seminar 3e. Research Roundtable I: Developments in sandplay research

Moderator: Denise Ramos, Brazil

**Researchers: Michiko Akimoto & Junko Ito, Japan
Haegi Hwang & Hyeyong Kim, South Korea
Lorraine Razzi Freedle, Hawai'i**

With growing attention to evidence-based practice, this interactive seminar will explore current developments in sandplay research and methods, and provide participants an opportunity to share research projects and ideas. There will be three research projects featured with time for discussion:

1. Exploring Neural Underpinnings of Sandplay Therapy by NIRS (Near-Infrared Spectroscopy)

Michiko Akimoto, M.A., Japan and Junko Ito, M.A., Japan sponsored by Sachiko Taki-Reece, USA

Results of a neuroscientific study on sandplay therapy will be presented as a case demonstration. We measured the brain functions of the sandplayer and the therapist by using NIRS (near-infrared spectroscopy) in a brief experimentally simulated sandplay therapy session. By examining the NIRS data, video data, and interview data, synchronization was observed between the sandplayer's brain and the therapist's.



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10:30 AM – Noon

Morning Seminars (continued)

2. Effectiveness of Sandplay Therapy on Earthquake survivors in Nepal

Haegi Hwang, MA, KSST and Hyeyoung Kim, MA, KSST sponsored by Mikyung Jang, South Korea

This presentation is about the effectiveness of sandplay therapy provided for earthquake survivors in Nepal. Group sandplay therapy was provided to parents to intervene parents' psychological stress and their children's mental health problems. Parents who had aged 6-13 children residing in the group tents in Chuchepati, Kathmandu have conducted IES-R (Impact of Event Scale-Revised). Participants joined 7 sessions of group sandplay therapy and each session went for 2 hours. Parental Stress Scale, Psychological Well-Being-Post-Trauma changes Questionnaire, for parents and Parent Report of Post-traumatic Symptoms and CROPS(Child Report of Post-traumatic Symptoms) for children were carried out before and after the whole sandplay sessions. The result of this research shows that sandplay therapy is quantitatively effective for survivors from disasters.

3. The Role of Sandplay Therapy in the Treatment of Adolescents and Young Adults with Co-Occurring Substance Use and Trauma

Lorraine Razzi Freedle, Ph.D; Deborah B. Altschul, Ph.D; Agata Freedle, M.A.

This study explored the effectiveness of the Bonding through Experiential Adventures in Recovery (BEAR) program and the role of sandplay therapy in addressing the complex needs of youth (ages 14-24) with co-occurring trauma and substance use disorders. BEAR incorporated sandplay therapy, adventure therapy, art therapy and recovery-oriented supports in addition to the evidence-based, 16-week Matrix Model intensive outpatient treatment program. A mixed methods quasi-experimental design was utilized to evaluate the program. Data was collected through questionnaires at approximately 2-month intervals—admission, midway through treatment, and at discharge. Separate focus groups were held with youth, parents, and staff with their responses evaluated using grounded theory. Results demonstrate that the youth who participated in BEAR significantly improved daily functioning at home, school, and in their community, and reduced the severity of their substance use problem and

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10:30 AM – Noon

Morning Seminars (continued)

symptoms of distress associated with trauma exposure. Sandplay therapy positively impacted engagement in treatment with youth endorsing sandplay as the most helpful part of the program. The role of sandplay therapy in the treatment of trauma and addictions is discussed, along with implications for further research.

Objectives of Research Roundtable:

1. Identify challenges in sandplay research and share ideas to promote research;
2. Compare quantitative, qualitative and mixed designs in sandplay research;
3. Discuss current research in sandplay.

Noon – 1:30 PM Lunch on your own

1:30 pm to 5:00 pm

ISST General Assembly

Come join the bi-annual worldwide ISST Congress. Open meeting. Discussion and voting by members only.

6:30 pm to 9:00 pm

ISST Hawaiian Luau Celebration!!!





Sunday, 23 July 2017

6:00 AM to 7:00 AM

Tai Chi on the Beach – Parker Linekin

8:30 AM – 10:00 AM

Morning Seminars

**Seminar 4a. Co-Creation within the Collective Temenos:
A model for sandplay with groups**

Sachiko Taki-Reece, USA; Ellen Searle LeBel, USA

Sandplay is a proven modality for healing trauma. This experiential presentation describes its effectiveness with groups. Included are images of group sand worlds created by helping professionals following disaster and in training settings, while facilitated by certified sandplay therapists. Related trauma research and a hands-on participatory demonstration illustrate the powerful symbolic co-creation process of group sandplay and its healing potential within different cultures. Group sandplay is grounded in Kallfian and Jungian sandplay theory and practice, including establishing the free and protected space, inviting spontaneous symbolic play, witnessing the co-transference, and activating the transcendent function within the collective unconscious.

Objectives:

1. Identify how Jung's theory of the collective unconscious is evident in group sandplay therapy;
2. Describe the process of facilitating Taki-Reese/Okada's form of group sandplay therapy;
3. Define the appropriate adaptation of group sandplay in communities affected by collective trauma.

**Seminar 4b. Destruction and Creation: Tear of the
mermaid and the transformation of a young female on
the way to individuation**

Lin Ye, China

In ancient Chinese culture, the Jiaoren (the Chinese Mermaid) had the ability to transform tears of sadness into precious pearls, which in Jung's Analytical Psychology is a transformative process of destruction and creation. This presentation discusses the process of transformations (destruction and creation) on young female's way of individuation with the symbol of mermaid and tear. The symbol of mermaid is used to interpret three aspects of



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8:30 AM – 10:00 AM

Morning Seminars (continued)

transformations. And tear symbolizing the solutio in alchemy is catalyst to the philosophers' stone and enables the transformations to happen. The stories of the author, her clients, fairy tales and legends are told.

Objectives: To explore

1. Three aspects of transformations of young female on the way of individuation from the perspective of the symbol of mermaid;
2. The symbol of tear and the tear of mermaid;
3. How tear acts as catalyst in the transformative processes of young female on the way of individuation.

Seminar 4c. Rebuilding a Shattered Soul: Edinger's elements play a healing role within the psyche

Sylvia Simonyi-Elmer, Canada

This presentation will show how fragmentation of the psyche is represented symbolically using the theory of Edinger's elements (water) and how healing at the collective archetypal level can bring symbolic changes in how these elements are presented within the sand. Concepts are illustrated through case material of a traumatized child whose psyche was shattered and became fragmented as a result of the dual murder of her brother and mother. Challenging the weak archetypal images within her psyche enabled her to fertilize a stronger archetypal base. This led the child to a reintegration of the ego/Self axis.

Objectives:

1. Learn how Edinger's Elements play a healing role within the psyche.
2. Explore the movement into the collective archetypal level and the depth of the psyche prior to positive movement forward.
3. Explore and discuss "knowing" when processes begin or end.

Seminar 4d. Research Roundtable II: Developments in sandplay research

Moderator: Denise Ramos, Brazil

Researchers: Audrey Punnett, USA

Reinalda Melo da Matta & Denise Ramos, Brazil

Da-un Chung & Yeo-reum Lee, South Korea



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8:30 AM – 10:00 AM

Morning Seminars (continued)

Research Roundtable II: With growing attention to evidence-based practice, this interactive seminar will explore current developments in sandplay research and methods, and provide participants an opportunity to share research projects and ideas. There will be three research projects featured with time for discussion:

1. From Destruction to Transformation: The effect of sandplay therapy on traumatized children.

Reinalda Melo da Matta; Denise Ramos, PhD

This research investigates the effect of Sandplay Therapy (ST) on treating with traumatized children. It was conducted on 60 children, (boys and girls aged from 6 ½ to ten) in childcare facilities in São Paulo, Brazil. Children showing clinical and/or borderline symptoms regarding internalizing factors and/or externalizing factors were selected and tested in three different moments: T0 (prior intervention), T1 (20 sessions/weeks after T0) with: WISC-III (cubes and vocabulary sub-tests) and AUQEI (Quality of life test). Participants were organized into: experimental (EG, which received the ST), control (CG) and placebo (PG) groups. The EG was also evaluated six months after T1 (T2). Results of ST intervention showed that EG children significantly improved regarding internalizing, externalizing factors and total problems.

2. Changes in negative verbalizations during sandplay: An empirical study

Audrey Punnett, PhD

Further empirical research in sandplay therapy is important to increasing scientific validity within the fertile fields of sandplay since ISST was created in 1985. A study was undertaken to evaluate the verbalizations of an 11-year-old boy diagnosed with major depression during his sandplay process over the course of 16 months. This quantitative study showed statistically significant decreases in negative verbalizations on the dimensions of emotions, psychosocial contracts, performance and reward in the second half of the process. None of the positive dimensions resulted in a significant change during the treatment episode. Implications and ideas for further research will be discussed.



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8:30 AM – 10:00 AM

Morning Seminars (continued)

3. The Effectiveness of Sandplay Therapy on Relationships and Behavioral Problems of Korean-Chinese Children who have Experienced Early Separation from their Parents

Da-un, Chung, MA, South Korea and Yeo-reum, Lee, MA, South Korea sponsored by Eun-suk Kim, South Korea

Early separation, especially during infancy from parents, has negative influences on children's adaptation, peer and parent-child relationship. In this research, sandplay was carried out to thirteen children, aged 7-13, who have experienced early separation from parents due to their work in South Korea. The research outcome shows that sandplay therapy has significantly improved the quality of peer and parent-child relationship of Korean-Chinese children and the negative substitute child rearing. It has statistically reduced their behavioral problems. A few common themes also have been found in qualitative analyses.

Objectives of Research Roundtable:

1. Identify challenges in sandplay research and share ideas to promote research;
2. Compare quantitative, qualitative and mixed designs in sandplay research;
3. Discuss current research in sandplay.

10:15 AM – 11:45 AM

Morning Seminars II

Seminar 5a. Abstinence in Sandplay Therapy

Dominique Lepori, Switzerland

Abstinence is the principle of therapeutic reticence within a clinical situation. The current understanding of transference/countertransference and abstinence has undergone a very fundamental changes since Freud. Yet as already Jung said: „ For two personalities to meet is like mixing two different chemical substances: if there is any combination at all, both are transformed.“ (Jung CW14, p. 71). This transformation implies a mutual destruction and creation process alongside an abstinent resonance, this paradox happens continuously during a sandplay therapy, as we can together observe in some sample trays.



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10:15 AM – 11:45 AM

Morning Seminars II (continued)

Objectives:

1. Understand the meaning of abstinence;
2. Be able to relate this concept to those of transference/countertransference;
3. Connect to the paradox of being in as well as out of a therapeutic sand process.

Seminar 5b. Moving Beyond Trauma and Co-occurring Schizophrenia Through the Use of Sandplay

Sana Loue, USA

A traumatic experience often shatters an individual's world and sense of self. Traumatic effects may be magnified in individuals with schizophrenia or, alternatively, the traumatic experience maybe a precursor to schizophrenia. The use of sandplay with co-occurring schizophrenia and PTSD is examined through the trays of two individuals, one of whom experienced emotional abuse as a child and later partner violence, and one of whom experienced trauma before and during his military service in Vietnam. Sandplay served as both a vehicle for the expression of long-kept secrets and for the development of increased resilience and a sense of balance. sponsored by Jill Kaplan.

Objectives:

1. Enunciate the rationale for using sandplay with individuals who have experienced trauma and have diagnoses of schizophrenia;
2. List factors to be considered in deciding whether sandplay is an appropriate modality to use with a client who has suffered trauma and has a diagnosis of schizophrenia;
3. Explain how sandplay helps to promote resilience among individuals with a diagnosis of schizophrenia who have also experienced repeated trauma.

Seminar 5c. Hero's Journey

Ruth Odi, Uruguay

Through the mythologies of the world the archetype of the hero is understood as an organizational pattern of the psyche. Undergoing a therapeutic process often involves connecting with the inner hero. His or her manifestation through images of sandplay shows the different stages that a hero goes through.



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10:15 AM – 11:45 AM

Morning Seminars II (continued)

This road shows an initiation – return starting point and within it we find periods of moving forward and falling. When the hero is there the person starts mentalizing and experiences the meaning of his/her life, going through the universal principles of cause and effect - balance, and meeting the complementary opposites: female and male. One of the most important questions which arises is whether it is possible to check the development of the Hero's Road posed by Joseph Campbell through images of sandplay. As the images of sandplay express archetypical images, we may then find the different stages of the hero in the therapeutic process.

Objectives: 1. Explore Campbell's Hero stages through observation of sandplay images at different stages in the several therapeutic processes; 2. Experience the richness of the Hero Path, and the destruction and construction at various stages; 3. Understand how images of sandplay reveal the archetypes of humanity.

Seminar 5d. Out of the Ashes – Life!

Ellen H. Saul, USA

This experiential workshop will involve parallel exploration of the journey of a woman fragmented by early trauma into parts, and diagnosed with Dissociative Identity Disorder (DID). We follow her walk through another experience of destruction as the dissociative defenses she built for survival had to come down. Out of this difficult process came the creation of a safe place instead of a black cave, "the Crew" instead of disconnected parts, and "a Life" instead of ever-present thoughts of self-harm and death. For participants, this workshop is an invitation to experience their own parts, and a mini-journey of growing relationships with parts of themselves.

Objectives:

1. Discuss the connection between early trauma and dissociation as a response;
2. Experience ways to consciously connect with parts of self and clients in an attuned and supportive manner;
3. Explore ways in which a sandplay process provided a means for growth towards wholeness after early fragmentation.

12:00 PM – 12:30 PM

Reflections and Closing Ceremony

Dr. Alexander Esterhuyzen, ISST President, Hong Kong




Speakers

Adelina Wei-kwan Wong JA, CST-T, MFT is a marriage and family therapist, an approved supervisor of American Association of Marriage and Family Therapy (AAMFT), a certified Sandplay Therapy teacher of ISST and a Jungian Analyst of International Association of Analytical Psychology (IAAP). Adelina has a M.A. in Counseling and Spirituality from University of Ottawa and M.A. in Christian Spirituality from Creighton University. Her recent publication includes "Healing from Abuse: Sandplay Therapy With Concurrent Drawings " in American Journal of Sandplay Therapy, (2013), "Leaving Father's House: A Work of Individuation in a Woman's Sandplay Process" in Japanese Archives of Sandplay Therapy (2014), and "The Clinical Significance on the Interaction between the Patients' Expressive Materials and the Chinese Ancient Hieroglyphs" in Japanese Journal of Analytical Psychology: Practice and clinical Issue (September 2016). Besides private practice, Adelina works as clinical supervisor in counselling agency in Hong Kong.

Dr. Alexander Esterhuyzen, ISST President, is a Senior (Jungian) Analyst with the Independent Group of Analytical Psychologists in London. He is also a Sandplay Therapist and Teaching Member of ISST. He is also a Consultant Psychiatrist specialized in Psychotherapy and was Honorary Senior Lecturer for the University of London at St. George's Hospital Medical School in London for many years. He has taught and supervised on many international projects in Analytical Psychology and in Sandplay Therapy. He is currently in private practise in Kowloon, Hong Kong, (contact: depthpsych1@gmail.com).

Anke Seitz, Dipl.-Psych.,TM DGST/ISST is a psychologist, analytic psychotherapist for children and adolescents, teacher and supervisor at the CG Jung- Institute of Stuttgart/ Germany, and teacher and supervisor of DGST/ ISST. Anke has conducted sandplay teaching activities in Germany, Poland, Ukraine, South Africa.

Antoinette Eimers, PsyD, CST-T is a Certified Sandplay Therapist- Teacher (STA/ISST), and a member of the Sandplay Community of the Greater Los Angeles Area (SPCLA). She is a graduate of Trinity College of Graduate Studies where she earned her Doctorate in Psychology, a Master of Arts in Counseling Psychology as well as a Masters in Pastoral Counseling. She currently the Treasurer of Sandplay Therapists of America. Dr. Eimers has presented at numerous STA Assemblies and National Conferences. Internationally, Dr. Eimers presented a workshop at the CAST Conference in Vancouver, British Columbia. She was published in the Journal of Sandplay Therapy (May, 2014). Dr. Eimers has a private practice in Tustin, California where she specializes in sandplay with children, adolescents and adults.




Audrey Punnett, PhD, JA, RPT-S, CST-T is a licensed psychologist, registered play therapist, supervisor (RPT-S) and teaching member (CST-T) of STA and ISST. She is the past president of the board of trustees of STA. Dr. Punnett is a certified child, adolescent and adult analyst graduate of the CG Jung Institute, Zurich and a member of the CG Jung Institute of San Francisco. She is a member of the International Association for Analytical Psychology (IAAP) and served as secretary & vice-president on the board of trustees of the Association of Graduates in Analytical Psychology (AGAP). She teaches nationally and internationally; has published in peer-reviewed journals. Her book *The Orphan: A Journey to Wholeness* (2014) is published with Fisher King Press, currently she is working on an edited volume *Jungian Child Analysis*. Dr. Punnett is Associate Clinical Professor, UCSF-Fresno, Department of Psychiatry and maintains a private practice in Fresno, California, USA. CORRESPONDENCE: apunnett@mac.com

Danelle Medeiros, MSCP, NCC, LMHC is a Licensed Mental Health Counselor and member of the Sandplay Therapists of Hawaii pursuing certification in sandplay. She learned the traditional healing practice of Ho`oponopono and studied with Kahu Kauila Clark. Danelle is a Graduate of Konawaena High School class of 1984. She received a Bachelor of Arts in Psychology and in Sociology from University of Hawaii West Oahu and her Masters of Science Degree in Counseling and Psychology from Chaminade University Hawaii. Danelle is currently a Behavior Health Specialist V supervisor with Hawaii Department of Education. She provides counseling services to the Leeward and Central communities in Oahu through her private practice, DSM Therapeutic and Wellness Center, LLC.

Da-un Chung, MA, in PhD Program, works in a psychotherapy center as a sandplay therapist and play therapist in South Korea and in a research project providing sandplay for Korean-Chinese children in China.

David Capitolo, MA. LMFT, CST-T is a Certified Sandaply Therapist and Teaching Member (STA/ISST), and a founding member and Treasurer of the Northern California Regional Sandplay Society (NCRSS). He with his wife Tessamarie founded the Child Therapy Institute of Marin, a non-profit agency utilizing sandplay therapy. He has written; "On Both Sides Being Strong" – Masculine and Feminine Principles in Sandplay Therapy, and "Sandplay as Waking Dream" – Images Hidden in the Emotions for the Journal of Sandplay Therapy. He practices in San Francisco and San Rafael, CA. He has taught several classes on Symbols and Figures for NCRSS. He is working with other sandplay men to create a Masculine Sandplay curriculum.

Debbie Mego, PhD, LCSW, CST-T has a doctorate in Clincial Psychology and is a Licensed Clinical Social Worker. She has used sandplay in her private practice for over 25 years. She is a Teaching Member of STA/ISST and co-coordinator of the Sandplay Community of Los Angeles. Debbie is currently in private practice in West Los Angeles where she offers sandplay



supervision and works with adults, specializing in the treatment of depression, anxiety, post traumatic stress disorder, life transitions, cross-cultural and adoption issues. Debbie has a background as a classical pianist and also works with people in the arts, using sandplay as a tool in helping overcome creative blocks.

Deborah Bedford-Strohm, MA, TM DGST/ISST is a clinical psychologist trained in San Francisco and Germany, and living and working with adults in Germany and South Africa. She is a Certified Sandplay Therapist and Teaching Member of the German and International Sandplay Society.

Denise Ramos, PhD is a Professor at Pontifical Catholic University of São Paulo, Clinical psychologist in São Paulo, Brazil, and Psychotherapist. She is a member of IAAP and ISST, serving mainly on themes of Psychopathology, Psychosomatics, and Sandplay Therapy. She provides care to children, adolescents and adults including psychotherapy, parent counseling and psychological assessment. She is Professor of the Post Graduate Studies Program in Clinical Psychology of PUCSP, where she coordinates the Jungian Studies Center. She was chair of the Academic Subcommittee and Vice President of the International Association for Analytical Psychology (IAAP) and member of the Executive Committee of this Association for 12 years. She is currently President of the Brazilian Institute of Sandplay Therapy and Vice President for the Americas of ISST.

Dominique Lepori, Economist, Psychologist, Jungian Training Analyst and Supervisor, and Sandplay Therapist SGSST/ISST was born and grew up in the Italian part of Switzerland and moved to study to the German part of Switzerland. With a US Master in Economics and CFA, she worked for 15 years in the financial industry with alternative instruments. With a Master in Psychology, Jungian Training Analyst and Supervisor, Sandplay Therapist, she has been working since 2004 as a psychotherapist in private practice for adults, adolescents and children as well as in an outpatient clinic. Today, Dominique lives in Zurich with her husband and three children.

Elizabeth Kong, LMFT, RPT-S, SP- As a Registered Play Therapist-Supervisor, Sandplay Practitioner, and Licensed Clinical Marriage Family therapist, Elizabeth Kong of Honolulu, Hawaii, has been working in the field of Counseling Psychology for more than 25 years. With extensive experience serving elementary school children as a Licensed School Counselor, she also teaches college graduate classes in child and adolescent psychotherapy at Oahu's Argosy University. Over the course of her career, she has lectured at various conferences and counseled people from all walks of life, including those struggling with chemical dependency, domestic violence, and divorce and other issues. Her latest speaking engagement brought her to Guam where she lectured at the country's first-ever Play Therapy conference. Today, Ms. Kong runs her own private practice for children and parents in




downtown Honolulu, specializing in Kalffian sandplay and client-centered play therapy.

Ellen H. Saul, MS, LP, CST-T is a psychologist who works with children, families, individuals and couples in a private practice in rural Minnesota. A graduate of Mackinac College, she received her MS from Minnesota State University, Mankato. She is a teaching member of ISST and STA and has been using Sandplay since 1993 in her practice. She has studied with Dr. Agnes Bayley and incorporates “In Touch Again” strategies in her therapeutic work. Her interest in Body, Mind, Spirit connections led her to complete studies and add work as a Somatic Experiencing Practitioner to her broad scope of multi-modal approaches to healing work. She is currently serving on the STA Board, after ten years on the Board of the Minnesota Sandplay Therapy Group (MSTG). She chaired the Program Committee for the STA National Conference in 2012. She is a contributor to the Journal of Sandplay Therapy (JST).

Ellen Searle LeBel, LMFT, BC-DMT, CST-T, is a Board Certified Dance/Movement therapist and a teaching member of STA/ISST in private practice in Arcata, California. Her therapeutic approach integrates verbal therapy with sandplay, dance/movement therapy and active imagination. She offers clinical consultation and is a CAMFT approved supervisor. Ms. LeBel teaches and presents at conferences and workshops nationally and internationally. She was on the faculty at Humboldt State University, where she developed integrative trauma therapy groups for students and process groups for clinicians to manage secondary traumatization and presented at the International Trauma conference in 2010. She volunteers as President of the Northern California Regional Sandplay Society (NCRSS), has published in the Journal of Sandplay Therapy and other journals, and is on the Editorial Board of the American Journal of Dance Therapy.

Eric Green, PhD, RPT-S, SP is a faculty associate at the Johns Hopkins University School of Education in Baltimore, MD, and a former associate professor of school counseling at Purdue University in West Lafayette, IN. He’s the author of “The Handbook of Jungian Play Therapy,” and has released four professionally-produced DVD’s on play therapy and sandplay with children through Alexander Street Press.

Eunice Ra, LCSW, SP got her education and training in mental health and psychotherapy from South Korea and the United States. Over the past 20 years, as a therapist she worked in various settings including schools, hospitals, community mental health centers and private practice. She worked with immigrants and their families in Los Angeles, USA for about 10 years before returning to Korea and starting private practice in 2008. As a recipient of Australian government fellowship, Eunice got an opportunity to live in Sydney, Australia and to train clinicians on culturally competent mental health services in 2010. Currently in Seoul, Korea, she is working




predominantly with expatriates and their families who represent about 50 countries. As a Sandplay Practitioner and member of STA, sandplay therapy is one of her specialties.

Gretchen B. Watts, LCSW, CST STA/ISST grew up near the sand and ocean, in Jacksonville, North Carolina in a large family. Her professional experience has focused on creativity and healing, beginning with a position with the Quaker Project on Community Conflict in New York City. Out of this work, she co-authored the book, "Friendly Classroom for a Small Planet: A Handbook on Creative Approaches to Living and Problem Solving for Children". In Nashville, she worked with a team to develop a conflict resolution program for inner-city schools. Next, she helped start an agency to develop an alternative treatment community for young adults diagnosed with Schizophrenia in Nashville and later continued that work in Seattle. Her discovery of sandplay therapy came during grief work with her husband's illness and death.

Haegi Hwang, MA, KSST worked at Camphill community for children with autism in Ireland, provided therapeutic education to children with at a day center in Korea, and volunteered for homeless people and famines with NGO. At present, works as a play therapist at child psychiatric clinic in Korea and conducts research activities in Nepal since the earthquake occurred.

Harriet S. Friedman, MA, MFT, CST- T is a Jungian Analyst, founding member of STA and a teaching member of STA/ISST. She has also served as a Board Member of the CG Jung Institute of Los Angeles. She currently is on the teaching faculty of the Jung Institute of Los Angeles, former director of the Hilde Kirsch Children's Center, and co-author with Rie Rogers Mitchell of Sandplay: Past, Present and Future (Routledge, 1994) and Supervision of Sandplay Therapy (Routledge, 2007) and many journal articles and book chapters. For the last 25 years she has also lectured nationally and internationally on integrating sandplay and Jungian psychology making connections between archetypal and personal material in the therapeutic setting. Applications of analytic principles to the theory and practice of sandplay has been a most important focus of these teachings.

Heather Lesley-Swan, Dip Law, Grad Dip Comm.M, Grad Dip Couns, M.app Psychoth, ISST-CST-TM, CMCAPA, PACFA Reg, ARCAP Reg practices in Sydney Australia as an Analytic Psychotherapist and Sandplay Therapist. Heather has a particular interest in current neuroscience and the capacity to symbolise as nurtured in Jungian Sandplay Therapy. The first CST then first Teaching Member in Australia New Zealand, Heather established the Australia New Zealand Institute for Sandplay Therapy which offers depth Sandplay Therapy training to a growing professional community in her part of the world. Heather has presented public, in-house and University programs and professional papers in




Australia, Europe, UK, USA and Asia, and delights in both professional development and service to the soul.

Heyong Shen, PhD, is a Professor of Psychology (CUM/SCNU), Jungian analyst/IAAP, Sandplay Therapist/ISST/STA, founding president of the Chinese Federation for Analytical Psychology and Sandplay Therapy, main organizer of the International Conference of Analytical Psychology and Chinese Culture (1998-2013, sponsored by IAAP/ISST), speaker of Eranos (the Eranos East and West Round Table, 1997/2007), and chief editor for the Chinese translation of the Collected Works of CG Jung. He was a Fulbright scholar in Residence (1996-1997) for the research and teaching of Chinese psychology at UNO/UCLA. He received his training of Jungian Analysis (and Sandplay Therapist), at Zurich CG Jung Institute, Kusnacht and San Francisco CG Jung Institute (1997-2002). He published 12 books, and 60 papers (14 papers in English, Jung Journals, and the Journal of Sandplay Therapy). He lectures at Eranos and IAAP/ISST conferences, such as The Dao of Anima Mundi: I Ching and Jungian Analysis, the Way and the Meaning, (Plenary Presentation, the 20th IAAP Congress 2016).

Hiromi Ishii, MA, ABD is a clinical psychologist in pediatrics at the National Defense Medical College Hospital and Saitama Medical College Hospital. Hiromi is currently attending the PhD course in Psychology at Sophia University in Japan, and is also a school counselor of junior high school in Tokyo. She conduct sandplay therapy primarily in an outpatient setting since 2008 with mainly elementary school or junior high school children who have psychosomatic disease. For example, eating disorder, psychogenic headache, school refusal due to poor psychological or physical condition, and so on. She conducts art therapy for children with cancer in an inpatient setting. She interested in children's rich and free expression through sandplay. She is a member of The Japan Association of Sandplay Therapy (JAST), The Japan Association of Jungian Psychology, The Association of Japanese Clinical Psychology, and Japanese Society for Prevention of Child Abuse and Neglect. She was a staff of secretariat of Tokyo Association of Sandplay Therapy from 2008-2012.

Hyeyoung Kim, MA, KSST worked as a sandplay therapist and a play therapist, conducted research activities, and provided sandplay therapy and Filial therapy to Korean Chinese and earthquake victims in China and Nepal. She also worked in a camp for divorced families that have psychological difficulties.

Hyunsook Chang, PhD, KAST, ISST was born in Seoul, S. Korea. She graduated from Korea University with a BA and a MS in Child Development and Family Relations and received her PhD in Child Development from Virginia Tech, US in 1996. She has worked as a professor of the Department of Child Studies at Korea Nazarene University (KNU) since 1998. Her teaching subjects include "Psychological Testing", "Sandplay Therapy", and



"Mental Health". Hyunsook Chang has served as a Director of the Center of Child and Family Therapy at KNU for 10 years as well as a vice President of Korean Association of Sandplay Therapy (KAST). She has been a member of ISST since 2013. Hyunsook Chang is involved in several programs of supervisions for play therapy and sandplay therapy, and her current interests are in the themes of Initiation, relations among body, psychic, and spirituality in sandplay therapy, and transference and counter transference.


Jacquelyn Kelley, LCSW, CST-T is a Licensed Clinical Social Worker in private practice in Texas. She is also Director of Social Services at Compass Hospice in Dallas. She is a teaching member of STA/ISST. She has been practicing sandplay therapy for 30 years, as a school social worker and in private practice. She is Past President for Texas Sandplay Society and Past President of the CG Jung Society of North Texas. She is currently on the board of STA as Admissions Chair.

Jill Kaplan, MA, MFT, CST-T has a private psychotherapy practice in San Jose, California where she specializes in child therapy and also works with adults. She has authored several articles in the Journal of Sandplay Therapy, and is currently the Book Reviews editor of the Journal. She has taught nationally and internationally on many aspects of sandplay, and is especially interested in trauma and in the complementary teachings of Buddhism and Sandplay. She has been on the STA Board of Trustees since 2008, currently serving as President. She has practiced Zen meditation for over 20 years, and is a recognized teacher in the lineage of Suzuki-roshi.

Joan Concannon, MA, MFT, CST is a Certified Jungian Analyst and member of the CG Jung Study Center of Southern California (IAAP), and a Certified Sandplay Therapist (STA/ISST). She has presented many sandplay cases for STA. Her article, Symbolism of the Crow and Raven in Mythology, Alchemy and Sandplay was published in the Journal of Sandplay Therapy in 2015. As a teaching member of the CG Jung Study Center, Joan has taught Jungian Theory and Practice, Dream Interpretation and led seminars on sandplay. She interweaves dreamwork, sandplay and other practices of active imagination with adults and children in her analytic practice. Joan loves the symbolic process of the psyche as experienced in dreams and sandplay.

Joy Norton, JA is a Jungian Analyst, Counselling Psychologist, and ISST Trainee. She is a Training Analyst and Director of Training with ANZSJA. She is in private practice in Melbourne Australia.

Junko Ito, MA is a certified clinical psychologist in Japan. She is a member of the Japan Association of Sandplay Therapy (JAST) and the Japan Association of Jungian Psychology. She learned sandplay therapy from Dr Takao Oda, a former member of ISST and has been practicing sandplay therapy in various clinical and educational settings. Also, for over 15 years,



she has been working as a clinical psychologist at Sanno Institute of Psychology, which was developed by Dr. Hayao Kawai.

Kanako Nagahori, ABD is a clinical psychologist and post-doctoral fellow in Department of Psychology of Sophia University in Japan. Since 2008 she has been working at a psychiatric clinic in Tokyo where she conducts individual psychotherapy and group psychotherapy for people of any age who have psychological problems such as depression, anxiety, psychopathological symptoms and so on. She was also a school counselor where she worked with children and their families. She is a member of The Japan Association of Sandplay Therapy (JAST), The Japan Association of Jungian Psychology, The Association of Japanese Clinical Psychology, and The Japanese Association for Adolescent Psychotherapy. She was a staff of secretariat of Tokyo Association of Sandplay Therapy from 2008-2012. Her interests in sandplay are how people represent their inner psychological world that cannot be expressed by words, and how people overcome the psychological problems through the sandplay process.

Alohā. I am **Kahu Kauila Clark**, I was born in Waialua, Oahu, and currently reside in Kalaeloa, Oahu. I am a Cultural practitioner in the art of Kāhea Lapa'au, La'au Lapa'au and Ho'oponopono. I am versed in the knowledge and practices of ancient traditions of Hawaii. I have conducted numerous blessings and ceremonies for thousands of people throughout the world. I have helped people who's home or property may be occupied by a negative or dark energy. I am a Haku for the Ho'oponopono process, where I incorporate Aloha to achieve Pono with the people involved. I have shared the knowledge with hundreds people throughout Hawaii and the world. In all of the ceremonies that I have conducted, the most important message that I enlist is that of Being Aloha. I incorporate the Tenements Aloha, as defined by ancient knowledge and by using the Acronym of Aloha from Auntie Pilahi Pahi, within all of my ceremonies. I do this because it is important to know that everything we experience has a spirit, and by being Aloha, everyone can connect to this good and positive spiritual energy to promote Hau'oli, Piha and work towards the goal of Pono.

Lilach Galkin, MA, ATR, CST-ISST is is an active artist, and has been an art therapist for 28 years. Jungian Sandplay has been a major part of her clinical practice since she began her sandplay studies 15 years ago. In 2017 she received ISST certification. She works with children, teenagers and adults. She is a certified teacher registered with the Israeli Association of Creative & Expressive Therapies (ICET), and a psychotherapist. She is co-author (with Nona Orbach) of the book "Spirit of Matter" published in Hebrew in 1997 which is a textbook for art therapists in Israel. In 2016 her book was translated into English *. Her initial internships were at psychiatric wards and boarding schools for at-risk children and teenagers. For the last 25 years she has been teaching art therapy at several Israeli institutions including Haifa University where she supervises a new generation of Master's Program art




therapists. *<https://www.amazon.com/SPIRIT-MATTER-Database-Therapists-Educators-ebook/dp/B01ECNSJKS>

Linda Elaine Bath, PhD, CST-T is a sandplay teacher and trainer who comes from a depth psychology perspective. She trained and did personal process with Dora Kalff. Kay Bradway was her main analyst, teacher and mentor. She also worked extensively with Estelle Weinrib. Dora and Martin Kalff, as well as Dr. Kawai and Dr. Yamanaka were all influential in her development understanding of the influence of mindful practices upon sandplay. Her doctoral dissertation was a qualitative study exploring the relationship between Buddhism and Sandplay. In her private practice, she provides sandplay therapy, personal process, case consultation and training with specialized experience and training in childhood attachment and trauma issues. Dr. Bath has served on sexual abuse task forces in California and Florida. As a Feminist and Woman's Studies graduate, she continues to be interested in gender identity and the impact of sexual stereotypes and stigma upon healthy development.

Liza J. Ravitz, Ph.D, JA, CST-T is a Jungian Child and Adult Psychoanalyst and Clinical Psychologist. She is a member of the CG Jung Institute in San Francisco where she teaches in the Adult and Child Analyst Training and Continuing Education programs. Liza has clinical practices in San Francisco and Petaluma where she works with both children and adults, is an Associate Professor at SSU and a teaching member of ISST. Liza spent two years living in Taiwan practicing Jungian analysis, training and teaching Jungian Psychology and Sandplay Therapy. Presently, she teaches and trains therapists nationally and internationally. Liza has written several publications in the Journal of Sandplay Therapy. Her most recent book chapter, "An East-West Coniunctio: The Relational Field in Cross Cultural Analysis" was published in 2015 in From Tradition to Innovation: Jungian Analysts Working in Different Cultural Settings. Major interests include trauma, attachment, culture and infant psychology.

Lorraine Razzi Freedle, PhD, ABPdN, CST-T is a board certified pediatric neuropsychologist, psychotherapist, trainer in the Neurosequential Model of Therapeutics® (NMT), and teaching member of STA/ISST. Dr. Freedle is an award-winning researcher for her studies of sandplay with adults with traumatic brain injury and youth with co-occurring trauma and addiction. Current research interests include sandplay and trauma, and the healing properties of nature and sandplay. Dr. Freedle is an international presenter who illuminates current theory, neuroscience and the principles of depth psychology with compelling case studies. Dr. Freedle is the Clinical Director of Pacific Quest, an outdoor behavioral health program on the Big Island of Hawaii with a focus on holistic healing. Her private practice is Black Sand Neuropsychological Services in Hilo, Hawaii. She has published numerous professional journal articles and currently serves on the Boards of STA and



Sandplay Therapists of Hawaii (STH), and as a Research Editor for the Journal of Sandplay Therapy.


Marcella Merlino, Clinical Psychologist is a former senior psychologist in a public drug addiction clinic in Rome, where she established the first permanent sandplay room in Italy. Member of the Associazione Italiana per la Sandplay Therapy (AISPT) and the ISST, she has taught courses and undertaken research, in collaboration with the University of Rome, on the clinical practice of drug addiction treatment. She is member of the order of ARPA (Association for Research into Analytical Psychology – IAPP Society). She has published in national journals and contributed to books in both Italian and English. She has published in year 2013 the book “La Sirena che gioca. Il tossicodipendente incontra la Sandplay Therapy” (The playing mermaid. The drug addict meets Sandplay Therapy). Edizioni Kappa, 2013 Roma. She lives and practices privately in Rome.

Margaret Baron, DipEd, CST-T, is a founding member and teaching member of the British and Irish Sandplay Society (BISS) since its inception in 1988 by Joel Ryce-Menuhin. She served as Hon. Secretary both on the BISS executive and the ISST Board. Maggie Baron has been chair of training for BISS and remains involved with ISST as an active international reader of final case reports. She is a published author in the Journal of Sandplay Therapy and was a keynote speaker at Spirit of Story in Sandplay, the STA National Conference in Seattle, Washington, 2014. Maggie Baron practices in London, working with an adult and multicultural client base.
CORRESPONDENCE: Maggie.Baron@blueyonder.co.uk

Maria Kendler, is a clinical psychologist, working with sandplay therapy with children, adolescents and adults in a private practice near Lausanne in Switzerland. As an ISST teaching member she provides training mostly in European countries. Currently she is the president of the Swiss Society for Sandplay Therapy and the editor of the German Journal for Sandplay Therapy.

Marion Anderson, PhD, JA, CST-T is a clinical psychologist, Certified Sandplay Therapist and Teacher of STA/ISST and founding member of ibtsandplay in Brazil. She initially was certified as a Jungian Analyst in São Paulo Brazil and presently is a member of the CG Jung Institute of Los Angeles. She teaches and works in private practice seeing clients in English, German and Portuguese in Santa Monica. Her research on the theme of solutio in sandplay was published in 2006 in Brazil and she published two articles on the theme of water in sandplay in the Journal of Sandplay Therapy as well as article about the miniature collection, theme of her doctoral dissertation in 2013.

Mee-ra Kowen , PhD candidate teaches mental health at the Dongwon University and has a psychotherapy center in South Korea. Mee-ra works




with children, their parents and adult clients using sandplay and art therapy and also works with families in a divorce process referred by the family courts.

Michal Troudart (Israel), MA, is a Jungian analyst, member of the Israel Institute of Jungian Psychology (IIJP) and of IAAP. She is a licensed clinical psychologist and received her MA degree in clinical psychology from the Hebrew University. She works in private practice in Jerusalem, mostly with adults and adolescents. She is a certified Sandplay Therapist since 2000, a CST-T, and President of ISTA (Israel Sandplay Therapists Association). She is the head of a Sandplay therapy training program in Jerusalem. She also teaches and provides supervision in the Jungian training of IIJP and in the Jungian Psychotherapy program at Bar-Ilan University.

Michiko Akimoto, MA is an Associate professor of clinical psychology at Toyo Eiwa University, Yokohama, Japan. She is a certified clinical psychologist and is a member of the Japan Association of Sandplay Therapy (JAST). She introduced sandplay therapy into the field of rehabilitation and has applied it to elderly brain-damaged patients, who often are able to express their unique inner worlds symbolically. For this work, she received the Kawai Hayao Award from The JAST in 2009. She has also done research on psychological care for patients with diabetes. She has published papers on sandplay therapy, psychosocial problems of patients with diabetes, co-authored several books on diabetes care, clinical psychological assessment, and recently wrote a paper in Introduction to Neuropsychanalysis (edited by Norifumi Kishimoto) (in Japanese). She and her colleagues have recently been conducting experimental studies on neural mechanisms of sandplay therapy.

Mikyung Jang, PhD, KSST, ISST TM, Jungian analyst is a teaching member of ISST, President of Korean Society of Sandplay Therapy, and Professor at the Department of Child Welfare, Namseoul University. She uses play therapy and sandplay therapy working with adults, children, and adolescents for 21 years and also working on dream interpretation with her clients these days. She provides sandplay, play therapy, filial therapy, and parenting education to children, parents and couples ordered to participate in by the courts. Since 2015 summer, she has been visiting Nepal to provide sandplay therapy sessions to children and their parents survived from earthquakes and sandplay workshop to mental health professionals. Also she has been doing research to verify effectiveness of sandplay therapy in Korea and Nepal.

Parker Linekin has been practicing the arts since 1966. He founded the Academy of the Martial Arts in San Diego in 1974. He is a 10th Degree Black Belt in Kenpo Karate, Grandmaster of the White Tiger Tai Chi system and Master teacher of the Ching Yi tai chi. He is a certified instructor of "Tai Chi Movement for Better Balance" thru the University California Center for




Integrative Medicine. He has taught tai chi for UCSD. He has an ongoing tai chi program at the La Jolla Hyatt VI tai chi for seniors these last 18 years. His classes are a combination of Tai Chi and Qi-gong. Class focus is on mind, body and breath balance. Start your day with a little tai chi.

Patrick V. Faggianelli, PhD is a 3rd degree black belt in Aikido. After deciding he could not abide what was being taught to him as a Psychology major in college, he became a Humanities major, studied literature and philosophy and wrote his thesis on “The Search for Self in Herman Hesse’s Novels.” As an MFT and later as a licensed Psychologist he practiced, supervised and taught psychotherapy in a variety of settings. His perspective includes existential, humanistic, transpersonal, psychodynamic and systems theories as well as Eastern philosophy and practices mainly drawing upon my practices of Tai Chi and Aikido. He first did sandplay coursework with Kate Amatruda, did a short sandplay process with John Carmody and then more sandplay process with Martin Kalff. He also attended trainings with Estelle Weinrib, Alexander von Berghes and Linda Bath. Dr. Faggianelli encourages his patients to find their own Hara, soul or their own meaning and connect with and find their own place in the “universe.”

Reinalda Melo da Matta, PhD is a clinical psychologist in São Caetano do Sul, São Paulo, Brazil, psychotherapist with an emphasis on Clinical Psychology (Jungian Analyst), serving mainly on themes of Psychopathology, Psychosomatics, and Sandplay Therapy. She provides care to children, adolescents and adults, psychotherapy, parent counseling psychological assessment and career counseling. 1981 – present. She earned her PhD of Clinical Psychology (Pontifical University of São Paulo) and currently work with children and adolescents who live in childcare facilities. She is a Teacher Member of ISST and the Financial and Administrative Director of Brazilian Institute of Sandplay Therapy (ibtsandplay).

Robin B. Zeiger, PhD received her PhD in clinical psychology from the University of Illinois in 1985. She currently works in private practice in Israel as a supervising psychologist. She is a member of the Israel Sandplay Association/ISST and is training as a Jungian analyst.

Rosalind L. Heiko, PhD, CST-T, STA/ISST is a psychologist and sandplay teacher who has worked with children, adolescents, and families professionally since 1983. She is the Director of Pediatric & Family Psychology, P.A. in NC, and travels around the world to train therapists working with children and families in person and online. In addition to her practice and training activities, her book, *The Heroine’s Journey in Sandplay: A Therapist’s Guide for Girls*, will be published by Rowman & Littlefield this year. She has authored articles for the *Journal of Sandplay Therapy*; and the book *Counseling Families: Play-Based Treatment* contains her chapter, “Tempered In The Fire: Self-Care and Mindfulness in Preventing Clinical




Burn-Out". She founded NC Sandplay Training and was a past Board Member of STA. She is an Approved Teaching Consultant in Clinical Hypnosis (ASCH), is Level II certified in EMDR, and holds national certification in School Psychology (NCSP).

Ruth M. Ammann is a Jungian analyst with a private practice in Zurich, and is a training analyst and lecturer at the CG Jung Institute in Kusnacht. She studied with Dora Kalff and is a member of the International Society for Sandplay Therapy. She is also the author of "Healing and Transformation in Sandplay: Creative processes become visible." She is also an architect.

Ruth Odim was born in Montevideo - Uruguay. Psychologist and Professor of the Chair of Philosophical Anthropology of the Catholic University of Uruguay. Master in Clinical Juniper Clinical Psychology. She works in private practice both individually and with research groups on mythology and dreams. Since 2010 she has been training as a sandplay therapist and belongs to the sandplay group in Uruguay. She is an instructor and teacher of Yoga, currently master's degree. Since 1995, she has entered the world of painting as a language, attending various workshops. She states, "Painting is a form of surrender to my feeling."

Sachiko Taki-Reece, EdD, MFT, CST-T is a Jungian analyst and a teaching member of STA/ISST. She is a faculty of C.G. Jung Institute of Los Angeles since 1990. Her private practice locates in Silver Lake, Los Angeles, she works with children and adults utilizing sandplay therapy and dream works. She has published research articles and book chapters on sandplay and Jungian psychology in English and in Japanese. In 2015, she published a book: "Sandplay therapy for Severely Emotionally Disturbed Children with 7 case studies" in Japanese from Sogen-sha Osaka, Japan. She actively teaches Jungian psychology and sandplay therapy in the U.S., in Europe and Asia, especially in Japan.

Sana Loue, J.D., Ph.D., MP.H., M.S.S.A, M.A., LISW, CST, AVT serves as the Vice Dean for Faculty Development and Diversity and is a professor in the Department of Bioethics of Case Western Reserve University School of Medicine. She holds secondary appointments in Psychiatry, Epidemiology and Biostatistics, and Global Health. Dr. Loue holds degrees in epidemiology (PhD), medical anthropology (PhD), social work (MSSA), secondary education (MA), public health (MPH) and theology (MA). She is a licensed lawyer, a licensed independent social worker and an ordained interfaith minister. Her sandplay practice focuses on individuals with severe mental illness, including schizophrenia, gender identity and sexual orientation-related issues, and trauma. Dr. Loue has conducted research domestically and internationally, focusing on HIV risk and prevention, severe mental illness, family violence, and research ethics. She has authored or edited more than 30 books and more than 100 peer-reviewed journal articles. Dr.




Loue currently serves as the Chair of the Diversity Committee of STA (Sandplay Therapists of America).

Sarah Gibson, Jungian Analyst, ANZSJA, IAAP and ISST Member works as a Jungian Analyst and Sandplay Therapist in private practice in Sydney, Australia. She has been working as a psychotherapist with adults for over 25 years, completing her Jungian analytic training in 2003. As a Training Analyst with ANZSJA Sarah teaches and supervises trainees and is chairperson of the Curriculum Committee for the ANZSJA analytic training. Sarah has a particular interest in sandplay, story and creativity. Since the 1990s Sarah has facilitated many sandplay professional development workshops for clinicians including organising Sand and Psyche, the first Australian Sandplay Conference in 2006. She became a member of ISST in 2013. Sarah is an artist and filmmaker. In 2007-2014 she developed two creative works about the interpretation of fairy tales for adults: an interactive project Re-enchantment (<http://www.abc.net.au/re-enchantment>) and an enhanced e-book Re-enchantment- Ways of Interpreting Fairy Tales (2014) (available iTunes). <https://sarahcgibson.wordpress.com>.

Se-hwa Lee, MA, KSST-certified sandplay therapist is a play therapist and sandplay therapist in private institute in Korea and Thailand. She has been involved in sandplay research in Korea and Nepal. She is also an experienced sandplay and play therapist for children from low income families and abused children in public sector.

Shannon Yockey, LCSW, CST-T is a licensed clinical social worker with over 20 years' experience working with adults, teens, children and families in mental health agencies, church communities, overseas military, and currently, private practice. She works with EMDR, Sandplay Therapy, and mindfulness practices. She is a sandplay teaching member in STA/ISST, EMDRIA approved consultant and EMDR certified therapist. She has presented nationally on sandplay and EMDR and specializes in early attachment trauma & relational trauma. Shannon is currently an analytic candidate in the Inter Regional Society of Jungian Analysts.

Sherry Renmu Shepherd, PhD, CST-T is a lecturer at the University of Hawai'i/ Hawai'i Community College in the Hawaiian Islands, and past visiting professor of Clinical Psychology at Kyoto University Graduate School and Kyoto Bunkyo University in Kyoto, Japan. Dr. Shepherd is a Jungian-oriented therapist and trainer whose areas of special interest include Sandplay Therapy, Integral Psychology, Integral Spirituality, World Mythology, Cross-cultural Psychotherapy and the Wisdom Traditions of East and West. She has been a member of ISST and STA since 1987, and is a founding member of the Japan Association for Sandplay Therapists (JAST). She presents trainings and workshops internationally in Sandplay Therapy, Analytical Psychology, and Buddhist Studies. Dr. Shepherd has been a priest




(Acarya/Ajari) of the Koyasan Shingon Buddhist Tradition since 1997, and currently lives and practices on the Island of Hawai`i.

Sylvia Simonyi-Elmer, B.Sc., DCS, RP, ISST/TM is a Certified ISST Teaching Member. She has served on the ISST Board of Directors for 8 years as the National Representative for the Canadian Association for Sandplay Therapy (CAST). Sylvia is one of the founding members of CAST and continues to be a Board member and Teaching Member for CAST. She has been in private practice for 25 years and practices in Kingston, Ontario, Canada. Prior to her private practice, Sylvia worked in Toronto, Ontario, Canada in a treatment facility as a Psychotherapist/Psychometrist managing the intake and psycho-educational assessments for each client.

Dr. med. Thomas Mantel, specialist for Child- and Youth-Psychiatry and Psychotherapy, specialist for Psychotherapeutic Medicine and specialist for Neurology and Psychiatry worked 10 years in different clinics had a social psychiatric practice since 1990 till 30.06.2016 with a psychotherapeutic team with 6 co-workers. Now he is a pensioner. Dr. Mantel is a teaching member of the ISST, founding member of the DGST and was 9 years member of the managing board, 4 years as president. He is a teacher at CG-Jung-institut Stuttgart and at Wiesbadener Akademie für Tiefenpsychologie (WIAP).

Trina Nahm-Mijo, MEd, MPH, PhD, SP is a third generation Korean-American who was born and raised in Honolulu, Hawai`i. She has been teaching Dance, Psychology and Women's Studies at Hawai`i Community College for the past 37 years and is founder of the Dance, Human Services and Expressive Arts curriculum as well as 20 organizations and programs in the community and college dealing with mental health, women's rights and cultural and the arts that still exist today. She has been recognized internationally as a choreographer and performer who illuminates the poignancy of the human condition and provokes audiences to examine their relationship to social justice. She has been a Visiting Professor to Korea as well as a Fulbright Scholar teaching at the University of Tallinn in Estonia. She has two grown sons and lives with her husband in Ola'a on the Big Island and is a Sandplay Practitioner- STA.

Trudy Corry Rankin, RN, EdD, LMHC is a teaching member of STA/ISST. She participates in the Sandplay Therapy Institute's Circle of Leadership, beginning it's 4th-2 year cycle in the Spring of 2018. Also, Trudy coordinates sandplay training for psychotherapists in Florida, USA. She has maintained a private practice in mental health care and also in spiritual direction for 36 years. Trudy will complete her ISST Board involvement in 2019, as the Treasurer. She has authored two books, Soul Notes of a Composition: In a World between Two Worlds of Grief from Suicide and Costa Rica Parables. Trudy finds connection with herself most deeply in the silence of the woods with the shrill call of the sandhill crane.



Ulrich Gundermann, Dipl. Soz. Päd, Child - Analyst and member of VAKJP, DGAP, IAAP, DGST, and ISST. He is also an educationist with 15 years of educative practice including the leadership of a house for 6-12 year old children and working at a psychiatric clinic for children. He has training in Gestalt-therapy and has studied at CG Jung Institute in Zürich (Diploma, 1998). He is licensed as a psychotherapist with a private practice in Kirchzarten, Germany since 1999. His main emphasis is on sandplay, working with children that suffer from anxiety or compulsion disorder, and work with fairy-tales or dreams. He is a lecturer and supervisor at CG Jung Institute Stuttgart (Germany) with an emphasis on play, attachment, fairy-tales, rites, and archetypes. He serves as a board member of CG Jung Institute Stuttgart (2012-14) and chairman of CG Jung Society Freiburg.

Lin Ye is an ISST Certified Sandplay Therapist, candidate Jungian Analyst of IAAP, and Licensed Psychological Counselor in China. She started study and training in Jung's Analytical Psychology and Sandplay Therapy in South China University and attained a Master of Applied Psychology in mainland China. And she is now pursuing her Ph.D. in the Department of Guidance and Counseling of National Changhua University of Education in Taiwan and maintaining her private practice at the same time. Her primary interest is the initiation, spiritual exploration and growth and individuation of young females. She operates a public social networking account and group to encourage, enlighten and help young female's individuation in Jungian way.

Yeo-reum Lee, MA in a PhD Program works in the university counseling center as a sandplay therapist and play therapist in South Korea and in a research project providing sandplay for Korean-Chinese parents in China.

Yamamoto Yoshiharu was born in Japan. He earned a Master's degree from Kyoto University with a paper on vocal images in psychotherapy (supervised by Yamanaka Yasuhiro, an ISST teaching member). He got a Ph.D. with a thesis on liminality of the human body. It revealed two models of liminality; one in the shape of a line and plane such as a border or boundary, and the other in the shape of an intersection, like crossroads, which have been presumed to be a liminal place in history and anthropology. He suggested that liminality as an intersection is effective in psychotherapy to distinguish consciousness from the physical body. Yoshiharu has worked as a Certified Clinical Psychologist since 2006 in both medical and educational settings, and as an associate professor in the Center of Clinical Psychology in Kansai University of International Studies. Yoshiharu is a member of The Japan Association of Sandplay Therapy (JAST).



Mahalo Nui!
(Thank you very much)

We hope you enjoy the program.

With Aloha from the 24th ISST Congress Committee

Hawai`i

Lorraine Freedle
Scott O'Neal
Trina Nahm-Mijo
Sandplay Therapists of Hawaii- Board
The Big Island Sandplay Group

Brazil

Denise Ramos
Reinalda Matta
Edna Levy
Suzana Hirata

A Hui Hou!
(Until we meet again)