



March 26-30

**ISST 26<sup>th</sup> CONGRESS**

**Jerusalem, Israel | 2023**

## **When East Meets West**

26<sup>th</sup> ISST Congress

Hosted by ISTA - the Israeli Sandplay Therapists Association

Ye'arim Hotel

Ma'ale Hachamisha

ISRAEL



# SCHEDULE

## Sunday 26.3.2023

9:30-11:00	Teaching Members' registration
11:00-12:30	Teaching Member activity (open to ISST CST-T only)- <b>Gefen Hall</b>
12:30-13:30	<b>Lunch</b>
13:30- 15:00	Teaching Member activity continued
16:00-19:00	Registration
18:30-21:00	Opening cocktail - opening ceremony, including a concert - a unique musical experience that reflects our conference theme, "When East Meets West"- <b>Shaked Hall</b>

7:15-8:00 Qi Gong with Talila Navon

7:15-8:00 Morning workshop in the natural forest area of Ma'ale Hachamisha, facilitated by: Lenore Steinhardt, Cindy Raskin, Liela Abramovich and Michelle Mendelowitz Yuval.

8:30-12:30 Registration

7:00-8:45 Breakfast for the guests of the hotel

8:45-9:00 Announcements and opening words

9:00- 10:30 Plenary lecture- Shaked Hall

**Pontifex Oppositorum (Making a Bridge between Opposites) in the Mind - Union of East and West in Sandplay**

**Yasuhiro Yamanaka (Honorary Professor, Kyoto University; A Founding Member of ISST) (online)**

**Moderator: Michal Troudart**

In 1966, when Dora Kalff's book "Sandspiel" was published, I translated it and introduced Sandplay therapy into my own practice. I was deeply impressed by the wonderful expressions that the sandplay processes facilitated. I was especially moved by three particular cases by Inugami *Douta*, *Kuchinashi Taro*, and *Akazukin Niwako* (this literally means Dog-biting Way-boy, Mouthless Boy and Little-Red-Riding-Hood Garden-girl). During her process, Niwako solved and mixed the two entirely different worlds of East and West in her psyche. It was really a *pontifex oppositrum*, I would say. Along with the sandtrays by *Niwako*, two of my own sandplay works will be presented, one that I made at Dora Kalff-san's place and another one that is an elaborated expression of a Mandala.

10:30-11:00 Coffee Break

11:00- 12:30 Parallel Seminars

**Seminar 1A- Shaked Hall**

**When Body Reconnects with Soma. Sandplay Therapy in psychosomatic disorders**

**Agata Giza-Zwierzchowska**

**Moderator: Jill Kaplan**

The body becomes a container for the psyche of the person who experiences trauma. From that moment on, the body, like a symbolic parent, begins to perform a defensive function that protects against re-traumatization and disintegration. Unfortunately, it also protects against a fully lived life. This is how psychosomatic disorders arise. Somatic symptoms have their own hidden meaning and dynamics. In my presentation I would like to show some examples of psychotherapy processes with Sandplay for people suffering from psychosomatic disorders. Processes where the sandtray and the active imagination that took place in it, allowed for the abandonment of somatic defenses and enabled a transformation, a return

to life and cleared a path to individuation.

## **Seminar 1B- Brosh Hall**

**The Healing Effect of Archetypal Images in the Pandemic Era**

**Congxin Shi (Sandplay Therapist, ISST; Jungian Analyst, IAAP)**

**Yongxia Qian (Sandplay Therapist, ISST; Jungian Analyst, IAAP) (online)**

**Moderator: Michal Troudart**

During the early days of the pandemic, one of the core sandplay concepts, “free and protected space” was creatively employed in an online psychological aid program for medical staff, their families and children in Wuhan and Hebei Province, China. Through this program, clients were able to connect with healing archetypal images such as sunshine, circle, tree, and body, and experience the healing effect of a more functional “ego-self axis”.

## **Seminar 1C- Etrog Hall**

**The Sandplay therapist as a five headed Hydra**

**Dr. Bert Meltzer**

**Moderator: Galit Ben- Amitay**

While Sandplay therapy is a technique with established principles and practices, it is also an evolving dynamic process transforming with its practitioners. SP training has typically contrasted the active interpretative function of a Psychoanalytic therapist with a description of the Sandplay Therapist imaged as passive & receptive. Western “doing” versus Eastern “being”. This presentation proposes that it is not East versus West but five different roles intrinsically embedded in the Sandplay therapy session & process. The presentation will articulate the five roles of the therapist in Sandplay, and their manifestation and contribution to Sandplay therapy and its function as a path in the therapist’s own journey toward compassion and wisdom.

**12:30-13:30 Lunch Break**

## 13:30-15:30 Paired Case Studies and Research Panel I

### Paired Case Studies 1A - Shaked Hall

#### Two kinds of containers

Moderator: Lenore Steinhardt

#### 1. The Closet in Sandplay Therapy: Incubation, Rebirth and Transformation

Sally Shook-Yim Chan (MSocSci, MA), Certified Sandplay Therapist (HKSTA & ISST), Registered Family Therapist & Approved Supervisor (AAMFT & CAMFT), Clinical Fellow (Asian Academy of Family Therapy)

This presentation will describe the process of a 43-year-old woman with unresolved pre-birth and post-birth trauma who used a closet object to explore and relive her early trauma also showing how the entire sandplay room became a big “closet” for her. She was contained by it as a place of incubation, in which rebirth and transformation could take place. Through her sandplay therapy process, this woman was able to penetrate the deep dark chambers of her psyche via the closet as a portal activating a new source of energy.

#### 2. An African Blessing Way. Birthing a Symbolic Archetypal Ritual in the Temenos of the Sandtray

Sylvia Clutten, Ed. Psych. Certified member of the International Society for Sandplay Therapy

“East West at home the best”. In many traditional societies a rite of passage is triggered by the onset of menses. Central to the Navajo Changing Woman ceremony is “The Blessing Way”. Mostly there exists a discomfort around menstruation, with many ancient cultures evoking taboos around it, and modern societies using a plethora of terms instead of using the term directly. Birthed from my ISST final case paper, A Sandplay Process of a Preadolescent Girl, this presentation illuminates how in the temenos of the sandtray, the tray becomes “a birthing pool” for a young female client. Within the therapeutic relationship and the gift of Kalfjian Sandplay a western urbanized 13-year-old girl uses the sandtray to access deeper levels of consciousness around her transition into womanhood. She activates archetypal images linked to her African roots to create a symbolized ritual that evokes numinosity around her to transition into emergence.

## Paired Case Studies 1B - Etrog Hall

### Two journeys of young men

Moderator: Michelle Mendelowitz Yuval

1. **'When Tempers Flare': Surviving Crimes of Nature & Complex Abuse in Forensic Sandplay (online)**

**Emma Allen, BISS & ISST Member, Professional Lead in Arts Psychotherapies at Rampton Hospital, Nottinghamshire Healthcare NHS Foundation Trust, Art Psychotherapist and Sandplay Therapist at Rainsbrook Secure Training Centre, Northamptonshire Healthcare NHS Foundation Trust**

Forensic Sandplay has been pioneered in prisons and secure facilities in the UK for the first time, for adults, and young people; uniting victim and perpetrator states for those who have been offended against and have offended. This case vignette is taken from a high secure hospital in the UK with a man who suffered from complex trauma, offending, and mental health difficulties following sexual abuse from his mother. It explores 'Super-Man' as a heroic symbol of the Self that reconciles with the personal, archetypal mother. This presentation also introduces 'Rainsbrook' a secure facility for children with serious convictions.

2. **Initiation from youth to adulthood: Harmony between old and young**

**Younghee Wang, Ed.D., Associate Professor, Graduate School of Counseling, Seoul Theological University / Supervisor, Korean Association of Sandplay Therapy / TM, ISST**

This case study focuses on the development of masculinity in a three-year sandplay process. A young man returned home from foreign countries to live with his family. The therapist and the process provided a safe and protected space for the development of an ego. The presentation discusses the various stages of development in this young man's journey, including chaos and un-differentiation of ego; appearance of the senex and libido's movement; re-emergence of ego; and ego strengthened and development of masculinity.

**Research Panel I- Brosh Hall**

**Moderator: Lorraine Freedle**

**The way in which oppositional- defiant behavior in children is expressed in sandplay: emerged themes, evolution and case study.**

**Mariana Taliba Chalfon**

I will present the findings of a study aimed to verify the emerging themes and their evolution in the Sandplay Therapy processes of children with symptoms of Oppositional Defiant Disorder (ODD) and Conduct Disorder (CD). From 432 scenes we verified the emerging themes in the Sandplay Therapy and their evolution, considering the initial and final phase of the process. The observed evolution in themes throughout intervention sessions demonstrates a growing trend of a positive theme and a decreasing trend in three negative themes. The result point-out a consonance between the scene's tendency of themes and the score reduction in several domains of CBCL 6-18.

**A Meta-analysis of Sandplay Therapy Treatment Outcomes Research**

**Jacquelyn K. Wiersma, PhD (online)**

**Lorraine R. Freedle, PhD, CST-T (STA/ISST)**

This research presentation describes a recent meta-analysis of sandplay therapy outcomes (Wiersma, Freedle, McRoberts & Solberg, International Journal of Play Therapy, 2022). The authors screened 1715 sandplay research records from over sixteen countries. Quantitative studies that met quality standards and examined emotional/behavioral outcome measures of Kalfjian sandplay were included. Utilizing a random effects design method and the Comprehensive Meta-Analysis program (CMA) mean effect sizes were calculated for 40 heterogeneous studies from eight countries. The overall effect size for sandplay therapy was very large (1.10) with improved effect size associated with several moderating variables.

Research methods, findings, implications, and limitations are discussed.

**The Added Value of Sandplay Therapy with Young Adults in Residential Treatment**

**Lorraine Razzi Freedle, PhD, CST-T (STA/ISST)**

Will adding sandplay therapy to a robust treatment program improve outcomes? This presentation discusses the research of Freedle, Goodwin-Downs, Souza and Cipponeri (2020) exploring the added value of sandplay in a residential program for young adults (ages 18-24). Quantitative and qualitative analysis was conducted using the OQ® 45.2 and open-ended surveys respectively. Adding sandplay therapy to treatment as usual resulted in a significantly greater reduction in distress, particularly for those who presented with the most trauma and distress upon admission. The participants described what aspects of sandplay were beneficial to them. Seven emergent themes and implications are discussed.

**15:30-16:00 Coffee Break**

## 16:00-18:00 Experiential workshops and discussion group

### Experiential Workshop 1 - Silence: A Healing Image for East and West\*- Brosh Hall

Alexandra Fidyk, PhD; Professor University of Alberta; Jungian Somatic Psychotherapist

At the meeting of East and West, past, present, and future, Silence dwells—a healing image—for individuals, groups, and planet. To attend Silence in Sandplay Therapy is to understand its centrality to image, feeling, thought, body, and soul. Silence spells and contains what happens in the tray, and it imbues free and protected space. In this experiential workshop, I create a contemplative space through poetic and philosophic understandings of Silence as a core aspect of the process, beauty, and ethos of Sandplay Therapy. Woven through this imaginal encounter, attendees will be invited to engage in writing and creative processes.

**\*This workshop is limited to 24 participants**

### Experiential Workshop 2 - Connecting the Axis Mundi through Song, Sound and Sandplay- Gefen Hall

Laura Soble, MFT, REAT, CST-T, JA, Teaching Member STA/ISST; Jungian Analyst

GJISF/IAAP

**Moderator: Hanna- Valeria Grishko**

While sandplay is often described as a non-verbal therapy process in which a free, protected, and silent space is held, sound enters the consultation room through breath, noises, words, songs, verbal, and non-verbal responses. Sound and song have also supported people during times of crisis, including the COVID-19 pandemic. In this experiential hour, we will explore the axis mundi created through the lens of the voice and sound as an expression of the Self and Communitas. Moments in sandplay therapy in which song and sound created connection, attunement and transcendence will be illustrated through case examples. Participants will be encouraged to respond aesthetically through image, writing, sound, and movement.

### Experiential Workshop 3 - Finding the Bridge to Personal Myth: An Experiential Workshop to Enrich Our Understanding of the Transcendent Function- Shaked Hall

Rosalind L. Heiko, Ph.D., CST-T, ISST-TM (USA), RPT-S, Elaine Bath, PhD, LMFT, CST-T, ISST-TM (USA), Marina Ionescu, MA, PTSTA-P, CST-T, ISST-TM (Romania)

The Kalfian Sandplay phenomena of bridging or transcendence is an actual experience in the moment to moment lived experience of transcendence in the connection between sandplayer and clinician. In Kalfian Sandplay, this function defines a thread of experience that weaves through both conscious and unconscious processes, uniting and bridging conflicts, emotions, and images which bridge the “structuring and experiencing parts of ourselves” (Bradway, 1985, p. 19). As three ISST Teaching Member facilitators we will weave our experiences in Romania and the US with the threads of international members to bridge our individual experiences of personal myth-making and journeying.



**Discussion Group - “Sandplay” - A Magical Therapy? \* - Etrog Hall**

**Rina Porat & Galit Ben-Amitay**

**Moderator: Bert Meltzer**

*Imagination is the Mother of all possibilities. (JUNG)*

According to Jung the main therapeutic goal is “curing souls” through working with the unconscious. The analyst seeks to help the patients to relate to their own sources of vitality and symbolic meaning in the unconscious. (Jung, 1928).

Sandplay therapy, rooted in the symbolic play of childhood, satisfies this fundamental criterion of healing by permitting a person to express, elaborate and develop unconscious themes “by giving free rein to fantasy” (Jung, 1969, p. 202).

In this presentation, followed by group discussion, with the aid of clinical examples, and psychological models, we will attempt to “look behind the curtain” to convey what makes this non-verbal therapeutic tool so magical and amazingly effective for both patients and therapists.

**\*The discussion group is open to participants online**

**18:00-18:45 Poster presentations**

**Poster 1 - Training of Landscape Montage Technique (LMT) in Graduate Schools: interviews with Graduates**

**Kanako Nagahori, Sophia University; Ryuichi Yamashita, Sophia University; Sastuki Isono, Sophia University; Haruka Maeda, Graduate School of Sophia University; Emily Morinaga, Graduate School of Sophia University; Kyoko Yokoyama, Sophia University**

The Landscape Montage Technique (LMT) is a drawing method developed by Hisao Nakai, who was inspired by Sandplay Therapy. As with sandplay, specialized training is required to properly administer and interpret LMT. At the Graduate School of Sophia University, master’s students take a course in basic practice of projective technique including LMT. In this study, we conducted an interview survey of graduates to examine the impact of this initiative on their clinical activities after completion of the program. We would like to present the results of the interviews and discuss how better training can be provided.

**Poster 2 - Poster of the Russian Sandplay Journal**

**Julia Novgorodova, certified Teaching-member ISST, the editor-in -chief of Russian Sandplay Journal, Tatiana Soboleva (candidate for the ISST route), Yelena Sheveleva (candidate for the ISST route, candidate for the IAAP route), Lilia Aslamazova, Anna Polymova.**

The poster and presentation will introduce the Russian Sandplay Journal (RSJ). The mission of the journal is to share the accumulated knowledge and clinical experience in the field of Sandplay therapy with Russian-speaking colleagues. RSJ is a unique publication published once a year and is extremely necessary since interest in Sandplay therapy in Russia and the Community of Independent States is constantly growing. The RSJ content covers topics relevant to the topics of the Congress. We publish materials on cross-cultural myths, symbols, individual and collective traumas, reports on seminars attended, book reviews, clinical cases, and interviews with internationally recognized Sandplay therapists sharing their experiences.

**19:00 Dinner Break**

**20:00-21:30 Evening Plenary- Shaked Hall**

**Conversations with Dora Kalff - A Tapestry of East West Stories**

**Betty Jackson, LMSW, CST-T**

**Moderator: Bert Meltzer**

For those blessed to have known and been able to train directly under Dora Kalff, her interest in the complementarity of East and West was ever present. Whether sharing insights during trainings, rich anecdotal stories from cases, or more personal experiences in late night conversations over dinner, her passion for this theme was perennial. In this session, the presenter who met and began training with Dora Kalff in 1975, will offer a tapestry of stories and teachings gleaned from seminars, personal exchanges, and attendance at Frau Kalff's final memorial service, on the theme of East meets West where each is enhanced, each is changed.

7:15-8:00 Qi Gong with Talila Navon

7:15-8:00 Morning workshop in the natural forest area of Ma'ale Hachamisha, facilitated by: Lenore Steinhardt, Cindy Raskin, Liela Abramovich and Michelle Mendelowitz Yuval.

**7:00-8:45 Breakfast for the guests of the hotel**

**8:45-9:00 Announcements and opening words**

**9:00- 10:30 Plenary lecture- Shaked Hall**

**Ritual and Ceremony in Sandplay Therapy: Mysteries of Passage & Pilgrimage**

**Judy D. Zappacosta, MFT, CST-T**

**Moderator: Robin Zeiger**

Careful attention has been offered to reflect the roots of sandplay therapy. We have reached diverse populations and provided sandplay in a variety of multi-cultural settings. Dora Kalff's teachings and travels mirrored her belief in this possibility. Presently, the world is witness to migrations, passages, as well as pilgrimages. An indigenous First Nations woman, born in the Arctic, used sandplay to reconnect with rituals and ceremonial practices that helped to heal her deep grief and alienation from a life begun at the top of the world, in a circle where East, West, North and South meet. Her inner and outer journey in the sand invited her to discover an inner spiritual home, and reconnect to indigenous perspectives in new transformative ways.

**10:30-11:00 Coffee Break**

**11:00-12:30 Parallel Seminars**

**Seminar 2A- Etrog Hall**

**The Alchemical Nigredo, Albedo and Rubedo: Stages in the Process of Individuation (online)**  
**Lynne Lee Ehlers, Ph.D., CST-T, STA.** Dr. Ehlers is a licensed clinical psychologist and teaching member of the International Society for Sandplay Therapy (ISST) and Sandplay Therapists of America (STA).

**Moderator: Audrey Punnett**

Alchemy's birthplace lies at the intersection where East meets West. Here, we examine the changes of color the alchemists described in their vessels—from black (the Nigredo), to white (the Albedo), to red (the Rubedo)—as distinct psychological stages in the process of transformation in the human psyche, illustrated with images from art and examples from a sandplay case spanning 22 years. The albedo and the rubedo—a pair of complementary opposites—represent another intersection: the archetypal feminine energies of the pre-industrial East meeting the archetypal masculine energies of the post-industrial West and how we balance these two.

## Seminar 2B- Shaked Hall

**Integrating east and west, past present and future through potential space and a free and Protected Space: Can the Gods Guide Us There or Do We Need to Hear the Magic Flute?**

**Mark Bortz Ph.D. Licensed Clinical Psychologist, Jungian Analyst and Sandplay Therapist.**

**Accredited Teacher ISTA and ISST.**

**Moderator: Maria Kendler**

*On the seashore of endless worlds, children play. Tagore*

Winnicott's concept of potential space will be contrasted to Kalff's concept of a free and protected space, as a space for integration and creativity. We will contrast the healing energy of Apollo, Dionysus, and Hermes, as well as explore Neumann's concept of - wisdom of the heart, a concept, he developed in his analysis of Mozart's Magic Flute as portals to these spaces. To illustrate these concepts, we will briefly look at two short vignettes. Contrasting the two poles of sandplay. Celebrating the psyche's ability to heal itself and sandplay as way to help us bear the unbearable.

## Seminar 2C- Brosh Hall

**Sandplay and Asian mirroring of opposed forces: In search of an image of the Tao (online)**

**Lin Ye, Ph.D. (ISST/CSST), Shu-Chiung Lin Double M.A. in Applied Psychology/Counseling Psychology (ISST/CSST)**

**Moderator: Ahuva Arnon Yavin**

Zhuang Zi said: "Saints use their hearts like a mirror." Dora Kalff called sandplay the mirror of a child's psyche. The mirror is an important symbol of East meets West. The presentation will explore the symbolism of the mirror and heart through the prism of "east meets west". We will focus upon and emphasize the play of opposite forces (e.g., flow within the chambers of the heart, opposing forces within sandplay). We explore the concept of the sandplay process as a mirror that introduces seeing, reflection, and illumination of psychic complexity the way five mirrors can work in tandem. A clinical case will be presented to illustrate five types of complex mirroring via Sandplay.

**12:30-13:30 Lunch Break**

## 13:30-15:30 Paired Case Studies and Research Panel II

### Paired Case Studies 2A - Etrog Hall

Moderator: Theresa Foks- Appelman

#### Young children confronting severe sickness of a close person

1. **A Lump of Mud - Creation Myth as seen in images of chaos and rebirth in the process of a young Israeli boy**

Debbie Jivan, BFA, MAAT, CST/ISTA/ISST, Art Therapist

Janet Tatum, MSW, CST- T/STA/ ISST, Jungian Analyst (online)

We will explore the three-year process of an Israeli boy 6- 9 years old, his use of mud, flooding, and chaos as he created marsh-like sandplay scenes, later depicted mounds, then carefully constructed tunnels, ending again with mud. Case material, including theory from Neumann, Kalff, Weinrib and Ammann, validates the pioneering work of Lowenfeld and ideas from Jung and von Franz. The role of mud and chaos in the Creation Myths of Egypt and North America will be explored along with Jung's thoughts on ancient Mesopotamia and Alchemy. This presentation will show the timelessness of the past, present, and future of archetypal material.

2. **Trauma in the Sand, A 6-year-old twin's encounter with Dying and Death of his Twin Brother (online)**

Antoinette M Eimers, PsyD, MA, MFT CST-T, ISST

A six-year-old twin boy began a heroic process at a time of witnessing and preparing for his brother's death. During, the 18 months' time of crisis a powerful internal dimension was activated as he explored ancient archetypes that helped activate healing energies at the deepest level of his own psyche. My client learned to say "good-bye" and was able to bridge between both his inner and outer worlds as well as to give honor to his twin. His sandplay is rich in symbolism and rituals and at the completion of the case, he was able to resolve his own psychosocial difficulties of his brother's death and move on.

### Paired Case Studies 2B - Shaked Hall

#### Two young women in a struggle to separate from the Great Mother

Moderator: Shannon Yockey

1. **Awakened: A unique sandplay process of a cognitively and physically impaired young woman**

Michelle Mendelowitz Yuval, CMSW, Jungian Psychoanalyst and Registered Sandplay therapist

The presentation will describe the transformative sandplay process of a young woman who was cognitively and physically impaired at birth and thereafter, was kept, "unborn" (Sinason 1992 P. 127) in a protecting and suffocating space. In her late 20's, outside circumstances broke down the carefully created protective shield that had held her captive, and she developed symptoms that brought her into therapy. Through her extraordinary work in the sandtray, she was able to move from a place of total immersion in the Great Mother to a place of separation and emerging consciousness.

**2. An Initiation of One's Motherhood: The Weaving Work of Self Manifested in Sandplay Process (online)**

**Ms. Adelina Wei Kwan Wong, JA, CST-T, MFT**

In the Chinese family, the grandparents care of their grandchildren is common practice. This is due both to the mothers' work, as well as the belief in the extended family containing three generations as a blessed image. Wendy planned her family according to this collective expectation. The failed plan prompted Wendy to begin her sandplay journey: separating from family context, differentiating from mother complex, and the healing of the past wounds. The sand was a main container for all the imageries from different modes of therapy including Bowen family therapy, Jungian dream analysis, Levinian somatic experiencing, and intuitive association with ancient Chinese hieroglyphs.

**Paired Case Studies 2C - Brosh Hall**

**Moderator: Marina Lonescu**

**Two journeys of women in their 30s**

- 1. A Case Study of Sandplay Therapy on the Journey to Independence of a Puella Aeterna**  
**Seungmin Oh, Researcher, Ewha Pastoral Counseling Center, Ewha Womans**  
**University /Director, Sharon Counseling Center / Supervisor, Korean Association of**  
**Sandplay Therapy / TM, ISST**

This case will show the sandplay process of a woman with a serious mother complex, who, through sandplay therapy, was able to move away from aspects of the 'puella aeterna'.

She had lived a life as the avatar of her mother, had to bear the weight of the shadow cast by her family's expectations and suffered from feelings of boredom in her daily life. She underwent 24 sessions at a weekly interval, through which she looked back on her past life, obtained self-awareness which helped her achieve true independence and become better able to bear her daily tasks.

- 3. Case Study in Sandplay Therapy. Healing after severe trauma (online)**

**Raluca Ciochina, Jungian Psychotherapist, PhD (Sponsored by Carlo P. Ruffino)**

This case shows the sandplay process of a woman of 30 years old, who suffered severe trauma because of being raised by a schizophrenic mother. During her adult life, the client shows symptoms of PTSD and a dependent personality. Her sandplay process uncovers the healing forces in her psyche which help her to overcome social anxiety, manage severe anger problems, and maintain healthy relationships. Images in the tray demonstrate the damaging effects of trauma. Psychotic imagery and internal conflicts are discussed.

## Research Panel II- Gefen Hall

**Moderator: Lorraine Freedle**

The Effect of Sandplay Therapy on the Limbic System and Prefrontal Cortex in Patients with GAD

**Mariana Foo, PhD (ISST) (online)**

**Lorraine R. Freedle, PhD, CST-T (STA/ISST)**

This research presentation explores whether clinical symptom improvement from the use of sandplay therapy in the treatment of Generalized Anxiety Disorder (GAD) also involves changes in brain functioning in the hippocampus, amygdala, thalamus, and prefrontal cortex (Pfc). Magnetic resonance spectroscopy (MRS) was used to measure metabolite changes in these brain regions. Participants were 6 females (ages 21-40) diagnosed with GAD who received 30 sessions of sandplay. Sandplay therapy was found effective in improving clinical symptoms of anxiety and may also result in improvements in neuronal functioning in the limbic system and Pfc. Findings, implications, and limitations are discussed

### **Exploring the sandplay relationship with a portable 2-channel NIRS (near-infrared spectroscopy)**

**Michiko Akimoto, M. A., Certified Clinical Psychologist, Certified Advanced Specialist in Geriatric Psychology (Sponsored by Sachiko Taki-Reece)**

We have been conducting experimental research on the sandplay therapy relationship with a portable, wireless NIRS (near-infrared spectroscopy). By measuring the brain activity of the client and therapist simultaneously during the sandplay process, we have found distinctive functions of two areas of the prefrontal cortex, together with neural synchronization between the two persons, which is a sign of cooperation. In this presentation, two cases will be presented and explained in detail.

### **Brain Synchrony between Therapist and Client in fNIRS during Sandplay Therapy**

**Yeoreum Lee, Meera Kowen Co-researchers: Somyung Kim, Sehwa Lee, Mikyung Jang**

This presentation shows evidence that sandplay therapy works not only at the verbal level but also at the non-verbal and neurobiological level. In our study we analyzed neural synchrony between the therapist's and the client's right brain in fNIRS (functional near-infrared spectroscopy). Furthermore, by comparing the synchrony on fNIRS in sandplay therapy with "talking cure", the similarities or/and differences between those are compared.

**15:30-16:00 Coffee Break**

## 16:00-18:00 Paired Case Studies

### Paired Case Studies 2D - Etrog Hall

Moderator: Cynthia Raskin

#### Transformative Elements in the Sandplay Processes of Two Boys

##### 1. Nameless Fear and the 'Logos' of Sandplay

Ruth Noel-Hermann, Ph. D., Psychotherapist in private practice in Zurich

In a situation of pandemic, we are, as a collective, exposed to fear, which attracts in us, as individuals, our personal anxieties. How can Sandplay help to deal with this? The discussion of this question will be developed by the sandplay-process of an 8-year-old boy, who puts an aggressive defense to anxieties anchored in his father's fear. The stunning creation of meaning in this boy's sandplay scenes leads us to the concept of Logo-Therapy, created by Viktor E. Frankl and proven by himself under the extreme circumstance of the concentration-camp. The Grimm's fairy-tale "Rumpelstilzchen", where fear is overcome by naming it, will lead us to the question, at what point verbalizing can be helpful in the non-verbal method of sandplay.

##### 2. The path from Minotaur to Theseus revealed in the sandplay process of a 6-year-old boy

Anna Kucheryavenko, ISST Certified Sandplay Therapist, Clinical Psychologist, Moscow, Russia

Many of us are striving to bridge the gap between the Western way of Logos, and the Eastern way of Eros. The first is focused on the individual, transforming power of the man, while the second is rooted in nature, relatedness and feeling. The presentation will introduce the case of Maxim, a 6-year-old, whose development was held back due to the imbalance between thinking and feeling, collective and individual values. In his sandplay process Maxim discovered his inner hero, who would identify with the masculine energy, and develop his Eros side at the same time.

### Paired Case Studies 2E - Brosh Hall

Moderator: Yael Bruno

#### Leaving the Great Mother

##### 1. The establishment of the individual through the rebirth of the community: A woman in her 40's in the process of sandplay therapy.

Tsuyoshi Inomata, Japan Association of Sandplay Therapy

This is a psychotherapeutic process in which a woman in her forties reconstructed the psychological relationship between the individual and the community through sandplay therapy. A woman from a rural area of Japan, where traditional farming communities still exist, reconnected with her community in the midst of modern urban life, reconsidered her life, family and community, and reflected on herself through the sandplay. In this case study, we can see the collapse of traditional community in the East and the establishment of modern Western individual, which may reveal new psychological possibilities for the future of the East and the West.



2. **Sandplay journey of a man in his 20's: moving away from isolation to the outer world by overcoming negative mother complex**

**Somyung Kim (Sponsored by Meera Kowen) D.Min/ Director, Dr. Kim's Psychological Counseling Center in Korea/ Supervisor, Korean Society for Sandplay Therapy (KSST)**

This case presentation focuses on a young man who would not leave home. He was captured within a negative maternal complex that kept him under its control and dragged him down from the process of individuation and the development of Self. The presentation focuses on the development of the unconscious and the suppression of ego. The ego gives and regresses repeatedly to adapt to the mother's action of fear. The unconscious actions that protect and suppress the ego can be explained as godmother or mother of fear. In this process, we witness the development of masculinity, a task of historical development from youth to adulthood.

### **Paired Case Studies 2F - Gefen Hall**

**Moderator: Rosalind Heiko**

#### **Sandplay and Cultural Identity**

1. **A Journey through the Inscapes: Landscape, figures and atmosphere of the East and the West in a Japanese Woman**

**Takuji Natori, Prof.**

The East or the West can appear as a landscape, figures, and atmosphere of the imaginative scene in dreams and sandplay images. Reflecting on a case of a Japanese woman who travelled through dream and sandplay images over three years (81 sessions), fascinating, threatening, and reassuring aspects of images of the East and the West are explored.

2. **How Maui Found his Mother: The Sandplay Process of an 8-year-old Māori boy with Complex Trauma who Battles with the Archetypal Forces within to Find His Way Home.**

**Carina Conradie M.Ed. (spec in Counselling) (UNISA, South Africa) Clinical Psychologist, ISST-TM**

This presentation demonstrates how an 8-year-old boy with complex trauma finds a way to express himself through sandplay and begins to connect with the world around him. The reading of some Māori legends of Maui opens a way for the therapist and client to connect and helps the boy to form his own cultural identity. There will be a brief overview of Developmental Trauma Disorder and the sandplay pictures will be shown to demonstrate the themes of death and decay, archetypal themes to show his battle with being abandoned by his mother.

## Paired Case Studies 2G - Shaked Hall

Moderator: Liela Abramovish

### Two cases of women with complex trauma

#### 1. “Seeing” and Being Seen - Redemption of the Feminine

Hannah-Valeria Grishko, MSW, LCSW, MBACP, TM ISTA/BISS/ISST, Certified Clinical Trauma Professional (CCTP)

The case presentation will demonstrate an experience of a deep healing process of recovery from a history of severe trauma that led to multiple on-going inner threats and continued pain and struggle. The crisis that brought this client to sandplay therapy appeared to unleash her inner relational demons, threatening a possibility of a new relationship in the outside world. Powerful sandplay images will demonstrate the presence of strong archetypal forces that needed to be faced in order to redeem her feminine and creative self despite a multitude of losses that begged grieving.

#### 2. Prima Materia - Exploring Edinger’s alchemical operations in the Sandplay process of a woman with multiple traumata.

Dr Claire Francica, DCPsych (Sponsored by Lenore Steinhardt)

Edinger (1985) stated that early philosophical thinkers believed that the world was derived from a single original substance, the prima materia. Alchemists inherited this idea and argued that this materia can only be transformed if it is returned to its original undifferentiated state. If we consider Edinger’s (1985) theory, both the East and the West belong to the same dung heap without definite boundaries, limits or form until alchemical processes provide a major transformation in the symbolic connection. Malta is a place where East meets West; from the first African settlers, the crusaders and initiation of Christian beliefs to Vatican dogma, European membership and evolving bohemian culture.

**18:00-18:45 Poster Presentation**

**Poster 3 - The Added Value of Sandplay Therapy with Young Adults in Residential Treatment**

**Lorraine Razzi Freedle, PhD, CST-T (STA/ISST)**

See Research Panel I

**Poster 4 - The Effect of Sandplay Therapy on the Limbic System and Prefrontal Cortex in Patients with GAD**

**Mariana Foo, PhD (ISST) & Lorraine R. Freedle, PhD, CST-T (STA/ISST)**

See Research Panel II

**Poster 5 - Meta-analysis of Sandplay Therapy treatment Outcomes Research**

**Jacquelyn K. Wiersma, PhD & Lorraine R. Freedle, PhD, CST-T (STA/ISST)**

See Research Panel I

**19:00 Dinner Break**

**20:00-21:30 Evening Plenary- Shaked Hall**

**Building Democracy on Sand: Israel without a Constitution.**

**Arye Carmon**

**Moderator: Bert Meltzer**

Dr. Carmon's presentation will give congress participants an opportunity to hear, understand, and have some of their questions answered about the Israeli -Palestinian conflict and the complex dilemmas and conflicts in Israel related to minorities in Israel from a scholar who has spent a lifetime involved and committed to political reform and democracy in Israel.

He writes: "In the second decade of the 21st century, the State of Israel is still engaged in the early stages of building political sovereignty.... Over the course of the first fifty years... (has) led to exceptional achievements that were unprecedented by any measure ... in the formal functions of the state. (On the other hand) Israeli society is a multi-colored mosaic. It is rich and diverse - and deeply disharmonious. It is made up of a collection of heterogeneous minorities. None of these minorities are monolithic ... the kaleidoscopic character of Israeli society (is) on the slippery slope of divisiveness...Israel is struggling with a crisis of identity stemming from disputes over the interpretation of a "Jewish and democratic" state.

7:15-8:00 Morning workshop facilitated by: Lenore Steinhardt, Cindy Raskin, Liela Abramovich, Robin Zeiger and Michelle Mendelowitz Yuval.

**7:00-8:45 Breakfast for the guests of the hotel**

**8:45-9:00 Announcements and opening words**

**9:00- 10:30 Plenary lecture- Shaked Hall**

**Art and the Psyche**

**Dvora Kutzinski, Jungian analyst, Tel Aviv, Israel**

**Moderator: Rina Port**

The human being develops from *homo creator* to *homo faber* and then to *homo sapiens*. Creativity is an inborn quality of the human psyche and of the world, that has pushed man to consciousness.

One of the most important qualities of creativity is its healing influence on the psyche, like the lyre of Orpheus, with its soothing effect on pain and restlessness. The experience of creativity and art broadens our experience of the world and of life and makes living worthwhile.

**10:30-11:00 Coffee Break**

**11:00-12:30 Parallel Seminars**

**Seminar 3A- Etrog Hall**

**The Little Mermaid: Enlightenment for Chinese Woman in the Individuation Journey within the Collective Culture**

**Wang Ying, Certified Sandplay Therapist/TM by ISST, Certified Jungian Analyst by IAAP**

**Moderator: Carina Conardie**

The figure of the Little Mermaid is used in sandplay extensively by female patients in my practice. I also find myself attracted to this miniature and use it to express myself in my own sandplay process.

This psychological phenomenon bespeaks of the collective aspect of Chinese feminine. It guides me to contemplate the dilemma of Chinese women in confronting the tension between the individual and the collective in life. This talk will explore the symbolic meaning of the Little Mermaid and her connection to the transcendent function within the individuation process of Chinese women in the collective culture.

## **Seminar 3B- Brosh Hall**

### **Destruction and Rebirth: Multi-cultural Dialogue**

**Tsuyoshi Inomata, Ph.D., Sandplay therapist and Jungian analyst. Rokaya Marzouk Abu Rekayek.**

**Robin B. Zeiger, Ph.D. Sandplay therapist and Jungian analyst.**

**Moderator: Laura Soble**

Mother Nature and Anima Mundi (the world soul) is forever characterized by the competing forces of destruction and rebirth/reconstruction. This life dynamic is particularly powerful in our world of COVID-19. Three therapists from diverse backgrounds (Japan, American Jewish, and Israeli Arab will discuss their differing perspectives and cultures via mythology, theory, and sandplay cases. Their dialogue will identify similarities and differences in their experiences and culture in an attempt for East to meet West.

## **Seminar 3C- Shaked Hall**

**When East and West become irrelevant: Neumann's "Unitary Reality" and its relevance to Sandplay Therapy.**

**Michal Troudart, Clinical Psychologist, Jungian Analyst, IJJP, IAAP. CST-T, ISTA, ISST.**

**Moderator: Joerg Rasche**

Our ego-consciousness differentiates and splits reality into opposites. Erich Neumann writes about another level of reality, the unitary reality, "which exists beyond and before the primal split and out of which the polarized reality of our conscious minds developed in the first place" (Neumann, p.71). This reality embraces both the world and the psyche. It is a realm of diffusion, where the opposites are non-existent, and we experience ourselves as one with the universe. In this lecture, Neumann's concept will be discussed, and its manifestations in Sandplay therapy will be explored, with an emphasis on experiences during the pandemic.

**12:30-13:30 Lunch Break**

**13:30-15:00 Parallel Seminars**

**Seminar 3D- Shaked Hall**

**The Night Journey on the Sea: Exploring Flooding through the Symbols of the Boat and the River**

**Nil Akat, Clinical Psychologist, Sandplay Therapist**

**Elana Cheshin, Psychotherapist, Sandplay Therapist**

**Moderator: Mark Brotz**

This presentation reflects upon the phenomenon of flooding in Sandplay Therapy. Personal trauma and/or crisis sometimes appear in the sandtray in the form of flooding. Flooding can be seen symbolically as a manifestation of powerful unconscious archetypal forces surging up into consciousness. Paradoxically, flooding can be at once a catalyst of destruction and death, and, opposingly, a process of cleansing, renewal, and growth. Mythical considerations and the significance of flooding in Jungian thought will be explored. Sandtray images from the process of two 8-year-old boys will be used to illustrate this theme.

**Seminar 3E- Etrog Hall**

**Tending the garden of the soul; Entering the Mundus Imaginalis through dreams, nature & sandplay**  
**Shannon K. Yockey, LCSW, JA, CST-T**

**Moderator: Linda Bath**

During times of great difficulty, we must draw on our deep inner well that connects us to a dimension beyond our rational intellectual perspective. This Imaginal Realm (mundus imaginalis) holds images, stories, dream figures, embodied imagery leading to numinous precincts, and soul territory. In this presentation we will savor moments where the Self directly intervened in the analytic work to relieve psychic suffering through sacred nature encounters, dreams and sandplay creations. The direct experiences of the Imaginal are a cornerstone of Jung's work and can help heal the splits within, which then revives, restores, and makes whole, and ripples into the collective.

**Seminar 3F- Brosh Hall**

**“Make me a sanctuary, that I may dwell among them”:** On creating one`s home in sandplay

**Yael Bruno**

**Moderator: Robin Zeiger**

The enforced stay-at-home lockdowns during the COVID pandemic heralded many different effects. For some, home proved a safe fortress or a return to paradise. Others encountered loneliness and depression. Sometimes, homes became a cauldron of aggression and abuse. Many children reacted aggressively or regressed into social avoidance. Rather than utilizing prepared miniature dwellings, patients alleviate anxiety and process loss through creating individualized homes within the sandtray temenos. For example, a young boy regains inner sense of order and wholeness by dividing sand worlds into function-specific areas. This presentation will discuss the symbolic meanings of home in Jungian and sandplay theory, and in European philosophy.

**15:00-15:30 Coffee Break**

**15:15-18:15 ISST General Assembly- Shaked Hall**

**18:45 Travel to Gala Dinner Location by Organized Buses from the Congress Hotel**

**19:30 Gala Dinner - Mercaz Shimshon, Beit Shmuel, Jerusalem**

**Thursday 30.3.2023**

**7:00-8:45 Breakfast for the guests of the hotel**

**8:45-9:00 Announcements and opening words**

**9:00- 10:30 Plenary lecture- Shaked Hall**

**Play. The foundation of being. Philosophy, Mythology, Sandplay Therapy.**

**Maria Kendler**

**Moderator: Michelle Mendelowitz Yuval**

“Play” usually refers to a natural activity of children. But since ancient times the spirit of play has inspired philosophy and mythology in an even more fundamental way: In some Western and Eastern concepts and images, play is recognized as the foundation of being.

In this presentation, several of these approaches will be discussed, especially the Hinduist concept of Līlā, the playful spirit that underlies creation. For humans, to understand Līlā means to realize the free, unconditioned, and thus playful nature of our divine essence. As Sandplay therapy uses play to allow free and creative expression, it resonates with the idea of Līlā.

Parallels will be shown between the therapeutic use of play in Sandplay and ancient concepts about play as the fundamental nature of being. Short sequences of sand pictures will illustrate how the discovery of playfulness leads beyond limiting patterns of behavior and thought which often cause psychological suffering, and how playfulness gives space to the true essence of the personality

**10:30-11:00 Coffee Break**

**11:00-11:15 Presentation of the ISST electronic journal - Maeve Dooley- Shaked Hall**

**11:15-12:30 Summary and discussion in small groups**

**12:30-14:30 Farewell ceremony and lunch- Shaked Hall**

**14:30-15:30 Online Farewell ceremony- Shaked Hall**



## Speakers in alphabetical order:

**Liela Abramovich**, MA, ATR, ISST-CST is a Teaching Member of the Israeli Sandplay Therapy Association (ISTA) and of ISST. She serves on the Certification Committee of ISTA. In the Kibbutzim College of Education, Tel Aviv, she was a lecturer and supervisor in the Sandplay Training Program and for the last 21 years teaching and supervise students in the Art Therapy MA Program. For 24 years she worked in the closed ward of a psychiatric hospital in Israel, providing individual and group therapy to hospitalized adolescents. She specialized in sandplay therapy with patients in psychotic conditions and in 2015 published an article based on her clinical work with these adolescents: “Between sand and blue in the closed psychiatric ward. Jungian Sandplay therapy with adolescents in a state of psychosis” (Journal of Sandplay Therapy, Volume 24 (1), pp. 133-149). She maintains a private practice in art therapy and sandplay therapy.

Correspondence: [liela.abr@gmail.com](mailto:liela.abr@gmail.com)

**Nil Akat** graduated from the Paris V Descartes University in 2009. Her training includes Sandplay therapy, child-centered play therapy, EMDR, and Heart-centered hypnotherapy. She works with children, adolescents, and adults in private practice in Istanbul, Turkey. She has a particular specialty in trauma-work. She has also organized training programs, including the first ISST approved intensive 2-year sandplay therapy training in her country.

**Michiko Akimoto**, M.A. is a certified clinical psychologist and a certified advanced specialist in geriatric psychology based in Tokyo, Japan. She has long been a member of the Japan Association of Sandplay Therapy. She worked as a psychologist for the Tokyo Metropolitan Government for 18 years at two geriatric hospitals as well as the Tokyo Institute of Psychiatry. She has practiced sandplay therapy with brain- injured seniors and published papers in both Japanese and English. For this work, she received the Hayao Kawai Award in 2008. She also worked with patients with diabetes for about 10 years, wrote papers, and co-authored books on psychosocial care for diabetes. Currently an associate professor at the Toyo Eiwa University, she has been conducting collaborative research on brain activity during sandplay therapy, presenting at both domestic and international conferences. Her recent work has been published in *Frontiers in Psychology* in Nov. 2021.

Correspondence: [makimoto@toyoeiwa.ac.jp](mailto:makimoto@toyoeiwa.ac.jp)

**Emma Allen** is the Professional Lead for Arts Psychotherapies at Rampton Hospital, one of three high secure hospitals in the UK, and is the Arts Psychotherapies Professional Advisory Group chair for two NHS trusts. Emma has been working at Rampton since 2009 as a HCPC registered Art Psychotherapist and is the founder and researcher of Forensic Sandplay Therapy, qualifying with BISS (British & Irish Sandplay Society) & ISST in 2019. Emma is a BISS executive committee member, a trainee teaching member, and an ISST research committee member, representing UK sandplay research. Emma has worked in a number of prisons, and also works for Rainsbrook Secure Training Centre, Northamptonshire Healthcare NHS Foundation Trust, offering sandplay for children and young people who have serious convictions. Emma has published a number of book chapters and journal papers, is a clinical supervisor, lecturer, and has presented at BISS and ISST conferences (e.g., Berlin, 2019).

**Linda Elaine Bath, PhD, CST-T** is a Marriage and Family Therapist and international sandplay teacher (STA/ISST). She is currently the President of the Northern California Sandplay Society, a founding member of STA, and the STA representative on the ISST Professional Development Working Group. Dr. Bath recently retired from 30 years as a program coordinator and clinical supervisor in community mental health services. Currently, she continues to do clinical consultation, personal process work and is an ISST/STA reader in Rocklin California where she has an ongoing private practice. Dr. Bath's most recent sandplay publication was an article in the 2019 Japanese Journal of Play Therapy. At this time her focus has been looking at the use of sandplay to mitigate the impact of trauma in first- and second-generation immigrants.

**Galit Ben Amitay** Child and Adolescent Psychiatrist, is a teaching member of ISTA and ISST. She is a Jungian Analyst at the Israeli institute for Jungian Psychology in honor of Erich Neumann. Her major field of interest is evaluation and therapy following child maltreatment, trauma and abuse.

**Mark Bortz, Ph.D.**, is a Licensed Clinical Psychologist, Jungian Analyst and Sandplay therapist in private practice in Kfar Saba Israel. Mark is a teaching member of the Israeli Sandplay Association (ISTA) and the International Society of Sandplay Therapy (ISST). He has presented papers on Jungian Psychology and Sandplay therapy both in Israel and overseas. and has published in the Journal of Sandplay Therapy and other Jungian Journals. Currently his main interests are early trauma, the orphan as a symbol and archetype, nothingness in and out of the therapeutic temenos, and alchemy, particularly its implications for Sandplay therapy. Contact: [bortz@inter.net.il](mailto:bortz@inter.net.il).

**Yael Bruno** was born in the holy city Jerusalem. Being a piece in such a multicultural mosaic enhanced curiosity towards the Other. Intrigued by nature and art, she majored in ceramic design at Bezalel Academy. Her final project was a ceramic mural that delved into feminine and masculine aspects of the moon and sun consciousness of the Jungian world. She completed her MA studies in Vermont and became fascinated with sandplay therapy. She then enrolled in a sandplay therapy program headed by Ms. Steinhardt, followed by Jungian psychotherapy, and conjoined parent-child therapy. Her passion for intercultural interaction led her to co-author a chapter on arts therapy in the Arab society in Israel, with a Muslim colleague. She currently works with the Druze Arab minority in Israel, supervising and teaching art therapists. Collective unconscious creates the common spiritual temenos, allowing extremes to meet and work through conflicts toward mutual aims.

**Arye Carmon** was the founder and first president of the Israel Democracy Institute (IDI), in Jerusalem, and one of Israel's foremost experts on political reform. In 2009, it was awarded by the State of Israel with the prestigious Israel Prize for Lifetime Achievement. Since 2014, Carmon serves as a distinguished visiting fellow. Carmon has promoted democracy and political education both in the classroom and as a board member of numerous national and government institutions. He has published and lectured extensively on Israeli Democracy, education, Israel-diaspora relations, and the Holocaust. Carmon holds a PhD in European history and educational policy studies from the University of Wisconsin and among many accounts, is the author of *Reinventing Israeli Democracy: Thoughts on Modernizing Israel's Political System* (Israel Democracy Institute Press, 2009) and, in Hebrew, *Recommendations and Obstacles to Political Reform in Israel* (Israel Democracy Institute Press, 2009), *Without a Constitution, an Israel Tale* (Am Oved and Israel Democracy Institute Press, 2013), and *Speaking Zionism, State and Religion in an existential Struggle* (Yedioth Ahronoth, 2017). The last book was published by the Hoover Press, Stanford 2019 under the title *Building Democracy on Sand, Israel without a Constitution*.

**Sally Shook-Yim Chan, MSocSc, MA**, is the chairperson of Hong Kong Sandplay Therapy Association, a registered Family Therapist & Approved Supervisor of American Association for Marriage & Family (AAMFT) & Canadian Association for Marriage & Family (CAMFT). She has worked with children, adolescents, and families for over twenty years. She specializes in couple and family therapy for people who get stuck in dysfunctional patterns of interaction or family conflicts and strives to treat the family as a unit. She also helps children and adult clients who have had traumatic experiences through sandplay therapy. She has published an article, "The Closet in Sandplay Therapy" in the *Journal of Sandplay Therapy* in 2021.

**Elana Cheshin, Ed.D** is a certified Jungian Psychotherapist and a Sandplay Therapist. She has had a long career as an educator, holding a doctoral degree in Child and Youth Studies from Nova Southeastern University, and an M.A. in Special Education from Nova University. Elana's experience as a therapist includes work with adults challenged with mental health issues and with children and youth diagnosed with learning disabilities and attention deficit disorders. Elana presented at the International ISST Conference in Berlin in 2019 and published an article in *Zeitschrift Fur Sandspiel-Therapie*, of Switzerland in May 2021. She currently works with children, youth, and adults in a private clinic in Petach Tikva, Israel.

**Raluca Ciochina** is a Jungian psychotherapist in private practice in Bucharest, Romania. She has worked as a psychologist for 13 years, having initially started with autistic patients, and later extended her practice to children and adults without severe pathology. She has been training in Sandplay therapy since 2016, under the supervision and advice of Carlo Ruffino from Italy, and she has been an Independent Router in Sandplay therapy since 2020. She has a PhD in Humanities Studies.

**Sylvia Clutten** is an Educational Psychologist registered with HPCSA in South Africa, a certified EMDR Practitioner (EMDRIA/EMDRE) and Sandplay Therapist with the International Society for Sandplay Therapy (ISST). She is in private practice in Bloubergstrand, Western Cape Town and practices as a Jungian orientated Psychologist. Her educational psychology practice is based on her passion to offer a “free and protected space” to children and adolescents struggling academically, behaviorally, and socially. As a member of STA and NMSS she participates in continuous learning within the world of Sandplay, both nationally and internationally.

**Carina Conradie** is a clinical psychologist who has a private practice in Hamilton, New Zealand. She is originally from South Africa where she registered as an educational psychologist in 1995. The family immigrated to New Zealand in 2003 to pursue a career in dairy farming and her practice is on the farm, overlooking green paddocks. She became a certified independent member of ISST in 2016 and a teaching member in 2020. Although sandplay therapy is still a big unknown in New Zealand, Carina and her colleague, Jean Parkinson (ISST-TM) are offering sandplay training and working at expanding the understanding of Kalfian sandplay therapy.

**Lynne L. Ehlers, Ph.D.**, is a licensed Clinical Psychologist and Teaching Member (CST-T) of ISST/ STA with a private practice in Albany, California where she offers sandplay, dreamwork, case consultation and Jungian-oriented depth psychotherapy for adults. She has worked with sandplay since 1977. For many years she has taught classes on dream symbolism and sandplay at local universities and presented papers at sandplay conferences biennially since 2009. Her many articles, on Kali, the Scarab, The Pearl of Great Price, Written in the Sand, Archetypal Defenses of the Self, etc., appear in the Journal of Sandplay Therapy. Her chapter on “The Tao of Sandplay Therapy” appears in *Into the Heart of Sandplay* (2018) and she is the author of *Alchemy and Individuation: The Colors of Transformation*, (2022) Analytical Psychology Press.

**Antoinette M Eimers** is currently president of STA (2022-2024), and part of the Board of Trustees for STA since 2016 and active in the Sandplay community of Greater Los Angeles. Dr. Eimers was published in the Journal of Sandplay Therapy in 2019 and 2014. She has presented at several STA National conferences including Albuquerque (2018), Chicago (2016), Seattle (2014), and Berkley (2012). Dr. Eimers also presented at the 24th ISST Conference in Kailua-Kona (2017) and at Vancouver, BC in 2015. She has presented at numerous STA assemblies and has been a presenter at the C. G. Jung Institute in Los Angeles in 2015, 2017, 2019 and 2021. She is a graduate of Trinity College of Graduate Studies where she earned her Doctorate in Psychology, a Master of Arts in Counseling Psychology as well as a Masters in Pastoral Counseling. She specializes in sandplay therapy with children, adolescents, and adults; and maintains a private practice in Tustin, California, USA. Correspondence [Eimers8@aol.com](mailto:Eimers8@aol.com).

**Mariana Foo, PhD** is an internationally certified sandplay therapist (ISST), play therapist, counselor and the director of Perhati Counseling & Care Center in Jakarta, Indonesia. In her practice, Dr. Foo works with individuals, families, and groups to treat mental, behavioral, and emotional problems. Dr. Foo’s research interests focus on anxiety disorders. Contact: [mariana@perhati-indonesia.com](mailto:mariana@perhati-indonesia.com)

**Alexandra Fidyk, PhD**, Professor in the Faculty of Education, University of Alberta, Canada, teaches masters and doctoral level research, Jungian psychology (courses on fairy tales, feeling function and mythopoetics, cultural complexes and war), trauma studies, and curriculum and pedagogy. Her transdisciplinary research engages with youth and teachers on issues of wellbeing, mental health, body-centered and creative processes. Launching fall 2022, she has developed a graduate certificate in trauma-sensitive pedagogy and practice. She is poet, artist, philosopher, Jungian somatic psychotherapist, Somatic Experiencing Practitioner, Expressive Arts Therapist Trauma-informed; and Sandplay Therapist Trainee & Member, CAST. Contact: [fidyk@ualberta.ca](mailto:fidyk@ualberta.ca); See: <https://apps.ualberta.ca/directory/person/fidyk>

**Dr Claire Francica** is a private practitioner based in Malta. She holds a doctorate degree in Counselling Psychology and Existential Psychotherapy from Middlesex University. She has also gained her training in Play Therapy (PTUK) and is an advanced practitioner in Jungian Sandplay Therapy (BISS). Her fields of interest are working with children, adolescents and adults experiencing mental health issues, complex trauma, attachment difficulties and alienating behaviors. She also serves as a family court-appointed expert in parent-child reunification programs in the Maltese Family Court, after gaining specialized training at the Family Separation Clinic in London. Claire Francica is currently a training candidate in the child, adolescent, and adult psychoanalytic program at the CG Jung Institute in Kusnacht, Zurich. She is also a visiting lecturer at the University of Malta, Faculty of Education in the Department of Inclusion and Access to learning.

**Lorraine R. Freedle, PhD, CST-T (STA/ISST)** is a pediatric neuropsychologist, international sandplay therapy teacher (STA/ISST), and trainer in the Neurosequential Model of Therapeutics (NMT). She is the Clinical Director of Pacific Quest, a holistic outdoor behavioral health program in Hilo, Hawaii where she also maintains a private practice, Black Sand Neuropsychological Services. She is on faculty at Southwestern College in Santa Fe, NM and the online Traumatic Stress Studies Certificate Program at The Trauma Center in Brookline, MA (Bessel van der Kolk's series). Dr. Freedle has published numerous professional journal articles and chapters in the areas of sandplay, neuropsychology and trauma. She currently serves as Research Editor for the Journal of Sandplay Therapy and on the STA Board as Past President and ISST Representative. Contact: [lrfreedle@gmail.com](mailto:lrfreedle@gmail.com).

**Agata Giza-Zwierzchowska** is a clinical psychologist and certified psychotherapist working with patients in Regional Hospital and Centrum Sandplay in Szczecin, northern Poland. Her psychotherapeutic expertise and commitment are centered around psychosomatic and developmental issues of children and adults. She is interested in the themes of early attachment and development, trauma therapy and individuation-separation processes embodied in somatic symptoms and Sandplay images, dreams, and other symbolic activities. She has written professionally in the field of psychology and psychotherapy. She is an Individual Member of ISST, a Router of (IAAP) International Association for Analytical Psychology and a member of Polish Association for Jungian Analysis.

**Hannah-Valeria Grishko, MSW, LCSW, MBACP** is a licensed psychotherapist and a clinical social worker in NY state (USA), member of British Association for Counselling and Psychotherapy, Certified Clinical Trauma Specialist (IATP), Teaching Member of ISTA/BISS and ISST. An international speaker, she has presented her work at conferences and training programs in the United States, United Kingdom, China, Romania, Israel, and Russia. Her work has been published in the Journal of Sandplay Therapy, and she is a contributing author for the book *Into the Heart of Sandplay* published in 2018. Her psychotherapy practice includes working with children, adults, families, and couples for over 20 years in public and private settings in New York City, London, and Jerusalem. Some of her areas of interests include loss and bereavement, trauma and trauma-informed therapy, issues of identity and immigration as well as embodiment in healing. She speaks English, French and Russian.

**Rosalind Heiko, Ph.D., ISST-TM (USA), CST-T**, is a psychologist, Sandplay teacher and Registered Play Therapist-Supervisor (RPT-STM) who trains therapists internationally and nationally. Dr. Roz is a Founding and Executive Board Member of the World Association of Sand Therapy Professionals. She directs Pediatric & Family Psychology, P.A., in Cary, NC, working with children, adolescents and families professionally since 1983. She authored *A Therapist's Guide to Mapping the Girl Heroine's Journey in Sandplay* (Rowman & Littlefield, 2018); is an editor and author with Janet C. Courtney for *Nature-Based Play and Expressive Therapies* (Routledge, 2022), as well as authoring a chapter in *The Embodied Brain and Sandtray Therapy: Stories of Healing and Transformation* (Routledge, 2021). She published chapters in books edited by Eliana Gil, and Eric Green; and articles in the Journal of Sandplay Therapy. Reach her through her website: [www.drheiko.com](http://www.drheiko.com) or email: [rozheikophd@gmail.com](mailto:rozheikophd@gmail.com)

**Tsuyoshi Inomata** is a Jungian analyst and Associate Professor at Tezukayama Gakuin University. He was trained in Japan and completed his training at the Jungian Institute in Zurich, Switzerland in 2003 and has been practicing in Tokyo and Osaka. He is the author and translator of several books on Jungian psychology published in Japanese. He presented a poster on "The diversifying soul through 'Handwerk (hand work)' in small garden/bonsai and sandplay" at the 2019 ISST conference in Berlin. He has also written a paper in English, "Emptiness in Western and Eastern cultures" - Circumambulation as psychological inner movement in Jungian Psychology in the East and West (Routledge, 2021).

**Marina Ionescu, MA, CST**, is a psychologist, psychotherapist and Teaching Member of the International Society for Sandplay Therapy (ISST). She is the president of the Romanian Institute of Sandplay Therapy and an active member of the Romanian Psychologist College. Since 2014 she organizes trainings and group supervisions along with ISST Teaching members to introduce Sandplay to new colleagues in Romania. She published in the Sandplay Journal (2018) the article: *The Human Skeleton and the development of identity in a child's sandplay process* and she wrote a chapter about Emotions and their impact on modern people's nutrition in 2013 for European Institute Publishing House. Her private practice is in Bucharest and includes therapy with children, teenagers, families, and adults with focus on trauma and transgenerational aspects. She also developed programs on trauma and origins of psychological problems. You can contact her at: [www.madcris.ro](http://www.madcris.ro) or [psiholog.marina.ionescu@gmail.com](mailto:psiholog.marina.ionescu@gmail.com)

**Betty Jackson, LSW, CST-T** is a psychotherapist with over 40 years of experience working with children and adults. She began training with Dora Kalff in 1975 and became a Teaching Member of the International Society for Sandplay Therapy in 1991. She has authored articles for the Journal of Sandplay Therapy, the Russian Sandplay Journal, and co-edited *Into the Heart of Sandplay*, a collection of stories about what inspired the contributors to pursue Sandplay. Ms. Jackson has served two terms on the Board of Directors for the ISST, teaches nationally and internationally, and is a guest lecturer for the Oriental Academy for Analytical Psychology and Sandplay in China, and the Korean Society for Sandplay Therapy in South Korea. She is the director of the Center for Jungian Sandplay in southeastern Pennsylvania where she lives and maintains a practice, offering process, consultation, and training in the tradition of Dora Kalff.

**Debbie Jivan, BFA, MAAT, CST/ISTA/ISST**, is an Art Therapist, dynamic psychotherapist, and Certified Sandplay Therapist. She completed her bachelor's in fine art, took part in exhibitions and worked as an art teacher. Later she studied filmography and made short documentary films which won international awards. These films presented the struggles of brave individuals with their social circumstances and physical disabilities. She worked as an art critic for the press, a radio interviewer, and a TV art reporter. Debbie volunteered to support women who survived domestic violence after they left a shelter for battered women and offered counseling sessions through art to at-risk young girls. As a therapist, she worked with elders with dementia, mentally challenged adults, women with special needs and children with emotional problems. Over the last ten years she has been working with children and adults in her private clinic in Jerusalem.

**Maria Kendler, MPhil, MSc**, teaching member of SGSST and ISST, is a clinical psychologist, with professional experience in individual and institutional settings. Presently she is working in a private practice in Morges and in Vevey in the French part of Switzerland. She uses Sandplay with children, adolescents, and adults. For many years, she has been teaching Sandplay Therapy in Switzerland and abroad. She is the president of the Swiss Society for Sandplay Therapy (SGSST) and Vice President of the ISST for Europe, Africa, and Middle East. In the last 10 years she is the responsible editor of the Swiss-German Journal for Sandplay Therapy (*Zeitschrift für Sandspieltherapie*). She has published articles about Sandplay in different clinical settings such as, the American Journal of Sandplay Therapy and the *Zeitschrift für Sandspieltherapie*.

**Somyung Kim (D.Min)** from the Republic of Korea is currently the co-president of KSST and supervisor in KSST. She is director of Dr. Kim's Psychological Counseling Center in Korea. She gives lectures on sandplay therapy and counseling psychology at universities and graduate schools.

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**Meera Kowen, Ph.D.** is currently the co-president of KSST and ISST teaching member. She is the director of the Reborn Psychological Counseling Center in Korea. She serves as a family court household counseling committee member and is an instructor, specializing in parental education for adopting parents.

**Anna Kucheryavenko** is a clinical and analytical psychologist. Since 2013 she works with children, adolescents, and adult, specializing in working with children presenting behavioral difficulties, aggression, difficulties in communication, attention deficit and hyperactivity disorder. In working with adult clients, her interests include anxiety disorders, depression, psychosomatic disorders, interpersonal issues, personal issues, life meaning and enhancement. Anna became an ISST Certified Sandplay Therapist in 2021. She advocates for the high professionalism and proficiency in Sandplay Therapy, as many of her colleagues are showing interest in Kalfian Sandplay Therapy. Since 2019 Anna is an Associate editor of the Russian Sandplay Journal (RSJ).

**Dvora Kutzinski**, a 97-year-old Jungian analyst, was born in Prague and survived the concentration camps of Theresienstadt, Oederan and Auschwitz. She immigrated to Tel- Aviv, Palestine, in 1946, where she met Dr. Erich Neumann, and became his supervisee and friend. In 2019 she received an honorary membership at the IAAP congress in Vienna. In her acceptance speech she shared her memories of the camps and remembered her whole family who was annihilated in Auschwitz.

**Yeoreum Lee, Ph.D** is a certified sand play therapist, and a play therapist. She currently works at a center for child and adolescent sexual abuse victims in Korea. and teaches play therapy at Namsaul University. She has been involved in sand play research in Korea, Nepal, Uganda and Malaysia.

**Shu-Chiung Lin** is a counseling psychologist oriented in psychoanalysis and Jungian psychology. He is an ISST certified sandplay therapist and currently is training with IAAP. He works as a voluntary counselor with university students. For many years, he has worked with a broad range of clients. He has specialized experience leading juvenile delinquents in Adventure therapy. He is an enthusiastic trainer of mental health professionals and an active advocate for mental health education. He believes we should not just help the individuals to change but make a difference to build a friendly and helpful environment. He has been continuously volunteering in several mental health NGOs, as well as offering public speaking. He cooperates with Lin Ye in the research field and works with publishing papers.

**Rokaya Marzouk Abu Rekayek**, initially trained as a teacher, engaged in post-graduate work in dynamic psychotherapy at Ben Gurion University and Dora Kalff's sandplay therapy under Rina Porat and Dr. Bert Meltzer. As an Israeli Arab who married into the Bedouin world, she established legitimacy for a nomadic and very traditional population faced with upheaval following the birth of nation states in the Middle East. She became the first female Arab school counselor to work in the Bedouin educational framework. She also became the first school therapist in the Bedouin school system and the first to introduce sandplay therapy to a community unaccustomed to self-reflection and personal internal experiences. Rokaya has been able to offer a safe address to utilize new treatment methods and to bring issues of sexual abuse, domestic violence, and intra and inter family feuds, crisis of unplanned pregnancies, and threats of violence in the name of "family honor".



**Dr. Bert Meltzer** received his PhD in clinical psychology from Clark University, in Worcester, Mass. in 1969. He was involved in the early school racial integration programs in the 1960's in Massachusetts, worked for the Ministry of Rural Development in Biafra during its brief existence, was a practicing clinical psychologist for youth, drug abuse prevention outreach programs in Northern California and New York, immigrated to Israel and worked for Hebrew University in clinical training, and as clinical supervisor for Educational Psychology clinics throughout Israel, before becoming the co-founder of the Israeli Sandplay Therapist Association. He has been a Sandplay teacher for over thirty years. He has been a voice (teaching and writing) for social activism in therapy and has brought Sandplay therapy as an outreach tool to work with culturally marginalized populations, including work that challenges convention about for whom Sandplay therapy is suitable: including victims of trauma, terrorism, and severe pathology.

**Michelle Mendelowitz-Yuval, LSW**, is a Jungian Psychoanalyst and certified sandplay therapist working in a public clinic and private practice in Jerusalem. Michelle has worked in various settings with children and adults dealing with the trauma of illness, injury, and attachment issues. Michelle is currently the secretary of ISTA and is a member of the ISST Professional Development Working Group.

**Kanako Nagahori, Ph.D.** is a Special Appointed Assistant Professor in the Department of Psychology at Sophia University. She is mainly involved in clinical psychology in the field of psychiatry. Clinical Psychologist, certified Public Psychologist (Japanese National License).

**Takuji Natori, Prof. M.A., ISST, JISST** from Japan is clinical psychologist in private practice, clinical supervisor, and professor of clinical psychology at Kyoto Bunkyo University. He is a Teaching Member and current President of ISST. His psychotherapy training includes counseling, Sandplay and play therapy, with ISST Teaching Members Hayao Kawai, Yasuhiro Yamanaka, Yasunobu Okada, and Kazuhiko Higuchi. He studied at the C. G. Jung Institute Zurich (2002-2004). Having begun a collaboration with James Hillman in 2000, his practice is based on archetypal psychology.

**Ruth Noel-Hermann** was born and was growing up at the Lake of Zurich. She has studied psychology, psychopathology of children and adolescents as well as comparative literature in Zurich. She has written her Ph.D. on the theme of "Poetology of childhood in R.M. Rilke's poetry". She works as a child psychologist in the office of Kaspar Kiepenheuer, one of the founding members of ISST. She trained as a sandplay therapist in Zollikon (with Martin Kalf) and as a psychoanalytical therapist in Basel. She did advanced studies of Psychotherapy in Paris. She has been working since 2002 in private practice as a psychotherapist for children, adolescents, and adults in Zurich. Since 2005 she is a teaching member of ISST, and she offers trainings and conferences in Switzerland, Germany, France, Belgium, Lettland and Poland. She is married to Bernard Noel, Qi-Gong- teacher, and lives with two adolescent children in Zurich.

**Julia Novgorodova** is a Jungian Analyst for children and adolescents. She maintains a private practice as an analytical psychotherapist since 2013. She is a teaching member of the International Society for Sandplay Therapy (ISST). Since 2019 she organizes trainings with ISST Teaching members to introduce Sandplay to new colleagues in Russia. In 2020 with a support from the American Journal of Sandplay Therapy (JST) and from the ISST President Takuji Natori and other experienced ISST-certified therapists she created and organized Russian Sandplay Journal. Since that time, she is an Editor-in-Chief of the Journal. Additionally, Julia translated and published more than 30 professional books on Jungian and Sandplay therapy.

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**Seungmin Oh** first studied cognitive psychology with BA and MA degrees from Ewha Woman University (EWU). Her interests developed more towards human interactions and developments, so she moved on to study Pastoral Psychology (with ThM degree) at United Graduate School of Theology, Yonsei University and then entered the PhD program at Graduate School of Theology, EWU. During her PhD studies, she came across sandplay therapy and gradually fell into the depths of it, exploring it more and more. Her main interest is application of sand-play to children with ADHD and adolescents with issues of having been abandoned, especially those who are adopted and those who have not gone through proper transitions hence remaining puer or puella aeterna. She is currently a researcher and therapist in the Ewha Center for Pastoral Counseling and a staff and sandplay therapist at the Sharon Counseling Center.

**Rina Porat** is a psychologist (MA from the Hebrew University in Jerusalem), teacher and supervisor. She is a Senior Jungian Analyst (IJJP, IAAP). A member of ISST, a co-founder of ISTA (the Israeli Sandplay Therapists Association) and its first President. She works in private practice and is involved in training, teaching, and supervising professionals in the Israeli Institute for Jungian Psychology and in Sandplay Therapy. She writes and lectures in Israel and abroad, mainly on subjects connected to War, Peace, Terrorism, and Trauma.

**Yongxia Qian, PhD** in Applied Psychology, is a licensed clinical psychological consultant practicing in her own private psychotherapy practice in China. She is President of the Psychological Intervention Association of Hebei Province. She is also a Certified Sandplay Therapist of ISST and Jungian Analyst of IAAP (International Association for Analytical Psychology). She collaborated with another author (Shi Congxin) on the translation of the book, "Amor and Psyche: The Psychic Development of the Feminine, A Commentary on the Tale by Apuleius" (by Erich Neumann), which has published in 2018, Hebei Press. She also co-published with Shi Congxin an article in the Journal of Humanistic Psychology on June 5, 2019, with the title "A Jungian Analysis of the Archetypal Image of the Fish from a Chinese Cultural Perspective".

**Cynthia (Cindy) Raskin MA, CST-T (ISTA/ISST)** is a sandplay therapist and supervisor, art therapist and focused dynamic psychotherapist. She is an ISST member since 2018. She works in public clinics for 17 years and in private practice 12 years. She has been a lecturer in the Sandplay program at the College of the Kibbutz Seminar since 2016 and in a new two-year Sandplay training group which begun in November 2022 in a hybrid format. Currently, she is serving as treasurer for ISTA. Professionally, she has extensive experience working with the population affected by the security situation bordering the Gaza Strip with the Hosen (Resilience) Center and with sexually abused children and teens at Maor Center in Ashkelon. In the past, she was on staff as an art therapist at the Children's Mental Health Unit (psychiatric unit) at Barzelai Hospital in Ashkelon.

**Congxin Shi, Ph.D.** in Chinese Culture and Analytical Psychology, is a licensed clinical psychological consultant practicing in Shijiazhuang, China. She is also a Sandplay Therapist, a member of ISST, and Jungian Analyst of IAAP (International Association for Analytical Psychology). She and another author (Qian Yongxia) published an article in the Journal of humanistic psychology on June 5, 2019, with the title "A Jungian Analysis of the Archetypal Image of the Fish from a Chinese Cultural Perspective"; She also collaborated with Qian Yongxia on the translation of the book, "Amor and Psyche: The Psychic Development of the Feminine, A Commentary on the Tale by Apuleius" (by Erich Neumann). Presently, she maintains a private psychotherapy practice.

**Laura Soble, MFT, REAT, CST-T, JA**, is a Jungian Analyst affiliated with the C. G. Jung Institute of San Francisco (IAAP), an associate editor of Jung Journal: Culture & Psyche, a teaching member of the Sandplay Therapists of America (STA) and the International Society for Sandplay Therapy (ISST), and a registered expressive arts therapist (IEATA). She has published in the Arts in Psychotherapy Journal, the Journal of Sandplay Therapy, and Jung Journal: Culture & Psyche, and presents nationally and internationally on sandplay and the integration of the arts in therapy. Her private practice is in San Anselmo, CA, USA where she works with children, teens, and adults. She has trained and worked as a musician, theater director, cantorial soloist and songleader. [www.laurasoble.net](http://www.laurasoble.net)

**Lenore F Steinhardt, MA, ATR, CST-T** is an art therapist, sandplay therapist and Jungian Psychotherapist. She is an ISST member since 1997. She worked in a public clinic for 25 years and has been in private practice for 40 years. In 2003 she founded a two-year Sandplay Therapy Training Program in Tel Aviv. The tenth two-year sandplay training group began in November 2022 in a hybrid format. She has written two books on Sandplay: "Foundation and Form in Jungian Sandplay" (2000), and "On Becoming a Jungian Sandplay Therapist" (2012) and has published many articles in the Journal of Sandplay Therapy and other Journals. She represented ISTA on the ISST Board from 2009-2017, is Founding Editor of the ISST Newsletter and current Consulting Editor. She has presented each year at ISST Conferences and Intensive Training Weeks as well as supervising and leading international sandplay workshops.

**Mariana Taliba Chalfon** has a PhD in Clinical Psychology (PUC-SP University) and she is a licensed clinical psychologist since 1997. She is a Certified Sandplay Therapist at the Brazilian Sandplay Institute (IBTS) and ISST member since 2016. Doctoral thesis awarded with Honorable Mention by the Sao Paulo Academy of Psychology (Academia Paulista de Psicologia) in 2021. She works in São Paulo in a private practice of individual psychotherapy with children and adults.

**Janet Tatum, MSW, LICSW, CST-T/STA/ISST**, is a Jungian Analyst with the Pacific Northwest Society of Jungian Analysts/IAAP. She is on the Board of Directors for the Philemon Foundation, has been a past president of Sandplay Therapists of America, is an Assistant Editor, Journal of Sandplay Therapy and was a founding editor of the Journal. She chaired three STA national conferences, co-chaired the ISST Congress in Seattle and has presented nationally and internationally. She began studying with Dora Kalff in Zollikon in 1979 and became an assistant for her. She has been in practice since 1972, located now in Redmond, Washington, USA.

**Michal Troudart: M.A.** in clinical psychology at the Hebrew University and licensed Clinical Psychologist since 1988. Certified Sandplay Therapist and ISST member. Teaching member in the training of the Israeli Sandplay Therapists Association (ISTA) since 2005. She has given seminars in Russia, Ukraine, Chile and Czech Republic and has published four articles in the Journal of Sandplay Therapy. President of ISTA between 2014-2022. Training and supervising Jungian Analyst, member of Israel Institute of Jungian Psychology (IIJP) and member of IAAP. Chair of the Certification Committee of IIJP since 2020. Teaches at the IIJP and in the Jungian Psychotherapy program at Bar Ilan University. Works in Jerusalem in a private practice of individual psychotherapy and Jungian analysis mostly with adults. Contact: [mictroud@gmail.com](mailto:mictroud@gmail.com)

**Younghee Wang** had started her career with studying teaching and conducting quantitative research in the field of child education and psychology after acquiring a master's degree in Child Development and Family Studies at Yonsei University, Korea in 1983, and an Ed. D in Children, Schools and Families at University of Massachusetts Amherst, USA in 1999. Her interest has since moved on to individuals with psychological issues rather than statistical data analysis. Her training to practice sandplay therapy started in 2010, just after returning to Korea from a 22-year- stay in the United States. She is presently a supervisor of the Korean Association of Sandplay Therapy and a TM of ISST, and an associate professor in the Graduate School of Counseling, Seoul Theological University. Her experiences allow her to grow together with her students and supervisees.

**Jacquelyn K. Wiersma, PhD**, is a clinical psychologist in private practice. She is on the faculty at St. Mary's University of Minnesota and has taught and supervised research at the University of Michigan, University of Minnesota, and Minnesota School of Professional Psychology. She is a member of the STA and ISST Research Committees and Founding Member of the Minnesota Sandplay Therapy Group. Dr. Wiersma has published articles in the Journal of Sandplay Therapy, Journal of Personality and Yale University Press and currently serves as the Research Associate Editor for the Journal of Sandplay Therapy. Contact: [jkwiersma@msn.com](mailto:jkwiersma@msn.com).

**Adelina Wei Kwan Wong**, graduated with M.A. in Psychological Counseling from University of Ottawa, Canada, and M.A. in Christian Spirituality from Creighton University, USA. Adelina is a Fellow of Hong Kong Professional Counseling Association (HKPCA), an Approved Supervisor of American Association of Marriage and Family Therapy (AAMFT), a Certified Sandplay Therapy Teacher of International Society of Sandplay Therapy (ISST) and a Jungian Analyst of International Association of Analytical Psychology (IAAP). In the past 35 years, Adelina has been doing clinical practice, teaching, and training in different agencies and is now in private practice in Hong Kong. Correspondence email: [adewkwong@gmail.com](mailto:adewkwong@gmail.com)

**Yasuhiro Yamanaka, MD. PhD.** is a psychiatrist and an Honorary Professor of Kyoto University. He is one of the founding members and an honorary member of ISST. After graduation from Nagoya City University in 1971, he devoted himself in teaching and practicing psychotherapy in Nagoya City University (1971-1977), Nanzan University (1977-1980), Kyoto University (1980-2005), and Hamamatsu (Tokoha) University (2008-2010). The President of Japan Association of Sandplay Therapy (JAST) (1996-2004), Play Therapy Association of Japan (2019-), The Japan Association of Clinical Studies for Mind & Body (1998-), Honorary President of Société internationale de psychopathologie de l'expression et d'art-thérapie (SIPE)(1985-2011). Ernst Kris Award (American Society of Psychopathology of Expression, 1995). Among many of his books, "Shounen-ki-no- Kokoro" (Psychology of Childhood and Adolescent) (1978) includes case studies of sandplay therapy and published in many languages. He is the President of Kyoto Hermes Institute and working in Uji-Obaku Hospital in Kyoto as a psychiatrist.

**Dr. Lin Ye** is a psychodynamic oriented counseling psychologist and ISST certified sandplay therapist. Her training and practice are based on psychoanalysis and Jungian psychology, and she is training with IAAP for years. Now she works as a clinical worker, supervisor, lecturer, and mental health volunteer. She works within many settings including hospitals (psychiatry) and clinics, schools, social welfare institution, academy and counseling companies and is in private practice as well. She is dedicated to training professionals in the fields of Counseling Psychology, Psychodynamics, Sandplay Therapy and Expressive Art Therapy, and provides supervision to the clinical workers. She enjoys lecturing to both professionals and the public. She is also an enthusiastic researcher who studies mother-daughter relationship, the mother complex and psychological development and individuation of women. She has published a series of papers on these topics.

**Wang Ying** is a licensed psychological counselor in Chengdu China, certified sandplay therapist and Teaching Member of ISST, certified Jungian Analyst of IAAP. She has worked in her own private practice for 15 years. Her clinical experience includes adults and children with the major interesting in trauma, issues of identity, issues of relationship and issues of individual growth. She has been trained in Jungian Psychology for 13 years. Her work is published in STA Journal in 2017. She is the co-translator of two books regarding to Lacan and Jung. She speaks Chinese and English.

**Shannon Yockey** is a Jungian analyst with the Inter-Regional Society of Jungian Analysts (IRSJA) and a teaching member with ISST/STA. She has been in private practice for over twenty-five years working with children, teens, and adults. She specializes in early attachment wounding, relational and complex developmental trauma. She has presented nationally and internationally on intergenerational trauma, healing for both patient and analyst through the transference, and nature as an individuation pathway. Her current area of exploration is healing and transformation through relationship in nature through direct experiences, sandplay, dreams, and active imagination.

**Judy D. Zappacosta, MA, LMFT, CST-T**, is an emerita member of the Sandplay Therapists of America Board of Trustees and past board member of the International Society for Sandplay Therapy. She is an Associate Editor of the Journal of Sandplay Therapy. Her publications include *Pearls: Defining Moments in Our Lives*, J. Zappacosta, Ed. (2014); “Widening Circles” Into the Heart of Sandplay (Dyane N. Sherwood & Betty Jackson, Eds.2018); “Sandplay Therapy: A Way of Rediscovering Inner Wisdom in Body & Psyche” in *Expressive Therapies for Sexual Issues*, S. Loue, Ed, (2013); *Developing Therapeutic Language*, in *Supervision of Sandplay Therapy*, (Harriet. Friedman & Rie R. Mitchell, Eds (2008); and numerous articles in the Journal of Sandplay Therapy. She completed the BodySoul Rhythms® Leadership Training Program with the Marion Woodman Foundation. She provides supervision for therapists using sandplay. Her practice includes Jungian psychotherapy, sandplay, dreams, and the integration of psyche and soma.

**Robin B. Zeiger** received her Ph.D. in clinical psychology in 1985 in America. She immigrated to Israel in 2009 and works in private practice as Jungian analyst and sandplay therapist. She is currently the president of Israel Sandplay Therapists Association. She writes and has published in the Journal of Sandplay Therapy, Journal of Analytical Psychology, and other professional journals. She teaches in the Jungian psychotherapy continuing education program at Bar Ilan University. Her passions include dream work, the symbolic and sandplay work. She is a traditional Jew and enjoys integrating Jewish mythology and tradition into Jungian thought. Contact: [rbzeiger@yahoo.com](mailto:rbzeiger@yahoo.com)



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